



The One Forty Niner

For God and Country, We Help America Work
Service to Community, State & Nation



NEWSLETTER OF THE AMERICAN LEGION, J.B. CLARK POST 149, ESCONDIDO, CALIFORNIA
The Finest American Legion Post in San Diego County

MARCH 2011

ISSUE 0311



- AL Riders to Camp Pendleton to serve Wounded Warriors on Monday, March 7th at 2 pm
- American Legion Birthday Dinner at Post on Saturday, March 12th at 6 pm
- Post Everlasting Ceremony held during March 15th General Post Meeting at 6 pm
- St. Patrick's Day Dinner & Raffle in the Clubroom on Thursday, March 17th at 5:30 pm
- Law & Order Awards Dinner & Presentation on Saturday, March 19th at 6 pm
- Get registration form submitted for Post 149 Golf Tournament!

Don't Forget!
Daylight Savings begins
Sunday, March 13, 2011



The One Forty Niner

The Official Publication of

The American Legion

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Post Meeting News

The Post E-Board Meeting was held on Tuesday, February 8th, with the General meeting held on Tuesday, February 15th. Motion made and approved about Post disciplinary action, motion made and approved for rescinding an Honorary Membership, motion made and approved for Art Lubben to turn over the Post 149 Website to a new webmaster, and motion approved to keep 50 / 50 proceeds intact.

Commander, Joe Watt

I have a very critical three part message for all our of our members this month.

MEMBERSHIP: We need for you to renew your membership. If this newsletter doesn't indicates 2011 next to your name on the address label, your dues are delinquent. Please pay your dues now. Dues are very important, as without your support, we cannot continue programs that support our Veterans.



ELECTION OF OFFICERS: We need members to step up and help us make this a very successful Post. First nominations for Officers begins in April, so now is the time to think about how you can help. We not only need fresh ideas, but motivated members to fill positions. We will have openings for First Vice Commander and Finance Officer, so please come to the Post meetings on any 3rd Tuesday at 6 PM to get involved.

VOLUNTEERS NEEDED: There are many activities here at the Post that require volunteers, including the Scholarship Program, Boys State Program, Law & Order Program, 4th of July Committee, and a Blood Drive Chairman, to name a few. We also need volunteers to participate in Bingo held at the VA Hospital once a month, and continued support for Clubroom activities, dinners, breakfasts and BBQ's. If you can assist, please contact me.

I wish to close by saying thanks to all of you that participate here with us, including SAL, Auxiliary, 40 et 8, Riders and all you volunteers. You are not forgotten!

Chaplain, Harold Olson

In the past month, we have had three deaths and four sick calls. I sadly report the deaths of comrades E.L."Roy" Brown, Earl Robert Gimpel, and Kenneth Kretschmar. We have Frank Huerta, Mary Kaho, Mary Smith, and Edward L. Walsh on sick call. Please keep them in your prayers. We will be holding our Post Everlasting service at the next Post Meeting. A thought for the month: One of the laws given us through the prophet Moses was "YOU shall not bear false witness against your neighbor." This can be interpreted to mean don't say anything about a comrade or other person unless you know beyond any doubt that you have all the facts in the matter straight. If you don't, your comments will not only damage your own reputation, but also that of the other person and the legion as a whole. To be rather blunt.....if you don't have all the facts in a matter, KEEP YOUR MOUTH SHUT!!!! Enough said.

Auxiliary President, Phyllis Bradford



We have a very busy month coming up. Essay instructions were given out to Miller School and Orange Glen. Girl's State forms were given to San Pasqual, Charter and Escondido High Schools. We will be looking for people to volunteer to interview and judge essays. Our next meeting is March 3rd. It will be important to attend this meeting as we will be making plans for the Legion Birthday dinner. Our dinner will be on March 12th at 5 pm. We are trying to get the same entertainment as last year. Everyone really enjoyed the dancers. We will need help for our Burger night, breakfast and the birthday dinner. Our menu will be Roast Pork, a gratin potatoes, green beans, salad and cake. All are invited to come out and enjoy yourself.

Auxiliary 1st Vice, Irene Gustafson

Please welcome our newest Auxiliary member, Diana L. Gandolfo and add her name to your roster. If you plan on continuing to be a member, please pay your dues now. We have goals to meet and right now we are 17 short of our goal. **SPECIAL ATTENTION!! A wonderful group of Legion and Auxiliary members are called upon every month to come in to the Legion Hall and volunteer to help fold and label the 149'r newsletters and prepare them for mailing. The newsletters are then taken to the bulk mail section of the Post Office on Mission Avenue. Ralph (Gus) and I have been coordinating this task since July of 2005. We would like to be officially "retire" and be replaced. Is anyone interested? "Thanks for the Memories."**

Law & Order, Carl Asher



Your Post Law & Order Program is well on the way to the event on March 19, 2011. I received recommendations from both the police and fire departments. We will be honoring about 21 deserving public safety personnel. Thanks to our newest boosters Bob Reily, Jesse & Charlene Longacre and Bob Hamm. Your support is essential to ensure a successful program. I spent a delightful hour with Escondido Fire Chief Mike Lowry in his new office at the Police & Fire Department headquarters. He and I went over the FD selections and they are very special. Included this year are honoree's from Escondido Fire, Vista Fire, and San Diego Sheriff's Department. The SDSO has a 4 minute film from the "Escondido Bomb House" incident they are going to share with the dinner guests at the awards presentation. Post 149 has sponsored this wonderful program for 18 years. Started by my friend and Legionnaire, the late Jimmie L. Hayes, and with your help and support, it continues today as one of the most popular programs at Post 149. The hall fills up fast and only room for 100 seated for dinner. We should have around 50+ guests from the EPD, EFD, VFD, and SDSO, so plan accordingly. I can use help with setup. Dinner tickets are \$10 per person, pay at the door, but email or phone call reservations are encouraged. Those who qualify for a complimentary dinner or two, you are on the reservations list already. How did they get on that list so early? Because they donated \$25 to the Law and Order program early. Thanks to all who share my enthusiasm for our Law & Order program.

Riders President, Dave Caldwell



We had 24 Riders and 2 guests for our February meeting. We will be adding both of the guests to our membership roll later this month. We voted to donate \$140 to Post 149 Veterans Activities fund, to pay \$60 to the Post for rent, January through June 2011, and to donate \$250 to SAL for their assistance in preparing the lunch at our Valentines Day Run. Our Blue Star Mother, Joyce Orrell, will be preparing dinner for the Wounded Marines at Camp Pendleton on Monday, March 7th. I call on all Riders who can attend to meet me at the Post at 2 pm on March 7th to ride to Pendleton and help serve the food to our wounded Marines. We will meet and visit with up to 70 Marines at the dinner. Our February ride to Idyllwild went well, although attendance was slim. Our next meeting will be Wednesday, March 16th at 7 pm and our next monthly ride will be Sunday, March 6th at 9 am - ride destination will be Pacific Beach for lunch. The Valentine's Day Poker Crawl was a success with profits of approximately \$1,300. Until next time, ride safe!

SAL Adjutant, Jeff Flynt



The Sons were busy in February with meals around the Post. We cooked burgers and dogs on Wednesday, February 2nd, cooked pork chops for the 2nd Vice dinner on Friday, February 4th, helped the Legion Riders with their Valentine's Day Cook – Your-Own-Steak dinner on Saturday, February 12th, and then, on Sunday, February 13th, served our regular breakfast buffet. Thanks for all the help from our Sons that were present! We REALLY couldn't have done as well without you. Now that March is here, we can rest, right? No way!! We will be just as busy with meals on March 2nd, 4th, 12th, 13th, and 18th. Check your calendar for information on these meals. Thanks in advance to all the people that will be there as usual to help. Hope to see all of you there. Our next monthly meeting will be on March 15th at 5 pm in the conference room at the Post. For all those who have not renewed memberships, you are delinquent and will need to immediately contact us so you don't get dropped off our rolls. Thank you!

Jeff Flynt – Adjutant. 760-803-5080 or sal149jeff@aol.com.

Clubroom Manager, Daleen Moore

Hello, everyone! As mentioned in our February newsletter, the Clubroom Committee will be hosting our first Post 149 golf tournament on Saturday, April 23rd! With the support of our Post members and their guests, we hope to make this an annual event! Please review all the pertinent details below and sign-up now! I need all hands-on-deck to make this event successful. If you are a Legion, SAL or Auxiliary member, please ask a friend or neighbor to join us! If you own a business, please consider a donation. If you work for a company, please ask them to donate! Donations can be dropped off with me personally or you can leave it with a bartender, but please clearly mark who the donation was from. I'll be happy to provide a non-profit statement for their tax purposes. Rene & Suzie Cortez will be graciously donating a Scotty Cameron putter & gift pack that will be raffled separately from other prizes to raise funds for Gilbert Renteria and his family. Gilbert Renteria sadly lost his wife, Lupe, to Lupus. To help his family raise funds for the LUPUS WALK to be held April 30, 2011, all proceeds from this putter raffle will go to support this wonderful cause, so be sure to purchase tickets!

AMERICAN LEGION POST 149 GOLF TOURNAMENT

SATURDAY, APRIL 23, 2011

MEADOW LAKE GOLF COURSE
(10333 Meadow Glen Way East • Escondido, CA 92026)

Men's & Women's Closest to the Pin Contests Men's & Women's Longest Drive Contest

BBQ Dinner & Raffle Immediately Follows at:
American Legion Post 149 · 230 E. Park Avenue · Escondido



- ◆ 4-Person Shotgun Scramble Format
- ◆ 12:00 Noon Registration
- ◆ 1:00 pm Shotgun Start
- ◆ \$60 Per Person (Includes Golf/Cart/Dinner)
- ◆ \$6 Per Person *Dinner Only (Menu TBD)*
- ◆ Rain or Shine
- ◆ Proceeds benefit Post 149 & Renteria Family Lupus Walk

AMERICAN LEGION POST 149 GOLF TOURNAMENT REGISTRATION FORM
SATURDAY, APRIL 23, 2011—MEADOW LAKE GOLF COURSE



_____ Single Entry \$60 (Dinner Included) _____ Foursome Team Entry \$240 (Dinners Included)
 _____ Dinner Only \$6
 _____ I have enclosed a check in the amount of \$ _____ * *Make checks payable to AL Post 149 Golf Tournament*

Name: _____ Address: _____
 Phone: _____ City/Zip: _____

Please include the following people on my team:

_____ Name (print) _____ Name (print)
 _____ Name (print)

Please mail to Post 149, Attention Daleen, at 230 E. Park Avenue, Escondido, CA 92025 OR drop off with a bartender!
No refunds or cancellations accepted 30 days prior to event date of April 23, 2011. No refunds for inclement weather.

*** Legion Coming Events ***



JOIN US IN THE CLUBROOM FOR OUR
ST. PATRICKS DAY DINNER & RAFFLE!

Thursday, March 17th at 5:30 pm

Corned Beef, Cabbage and all the Irish Fixin's will be served for **\$8.00 per person**
Also, stop in the Clubroom any time after March 1st to check out our beautiful St. Patty's raffle
baskets and purchase raffle tickets! Tickets are \$1 each or 6 tickets for \$5!
Winners to be drawn on St. Pat's Day at 7 pm. Winner need not be present to win.

\$3.00 Baileys & Coffee Drink Special

\$3.50 for any Jameson, Glenfiddich or Jack Daniels Shot

\$4.00 Can Guinness

Back By Popular Demand!

Backwater Blues

Friday, March 25th in the Clubroom

7—10 pm

Come hear for yourself a fantastic Blues
Band in little ol' Escondido!

**\$8 COVER CHARGE FOR
NON-MEMBERS &
GUESTS**



Back By Popular Demand!



Friday, March 18th in the Clubroom

7—10 pm

No Cover Charge!



**FOOD NOW
BEING SERVED
IN THE
CLUBROOM!**



Thanks to our dedicated member,
Richard Cross, you will now be able to
enjoy food in the Clubroom on
**Monday, Tuesday and Thursday, start-
ing at Noon!** First come, first served!

Please remember that, in order to
continue this service, donations for food
are necessary. Hope to see you there!

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AMERICAN LEGION BIRTHDAY DINNER



Saturday, March 12th—6:00
pm in Hall

Menu: Roast Pork, Potatoes
Au Gratin

Green Beans, Salad & Cake

Cost: Donation Only



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Breakfast in the Main Hall 8 - 11 AM	FOOD SERVED IN CLUBROOM Noon 'til Gone	FOOD SERVED IN CLUBROOM Noon 'til Gone	FOOD SERVED IN CLUBROOM Noon 'til Gone	Patio BBQ 5:30-6:30 PM	FOOD SERVED IN CLUBROOM Noon 'til Gone Line Dancing Lessons 6-8 PM	Dinner Served Live Music if Noted	Special Events Day						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb 27 40 et 8 Breakfast Steak & Eggs 11 AM 40 et 8 Mtg in Hall *Open Pool Table in Clubroom *	Feb 28 3:30-6:30 PM Zumba in Hall 7-8 PM	Mar 1 8 AM Clubroom Inventory 4:30 PM Teamsters in Hall 7 PM VFW Mtg in Hall	Mar 2 SAL BBQ Burgers & Dogs Zumba in Hall 7-8 PM	Mar 3 6-8 PM Line Dancing in Clubroom 7 PM Auxiliary Mtg in Hall NO COVER CHARGE	Mar 4 Dinner by 2nd Vice All U Can Eat Chili (Spicy or Mild) KARAOKE IN CLUBROOM 7-11 PM NO COVER CHARGE	Mar 5 8:30-9:30 AM ZUMBA IN HALL 10-2 PM POP WARNER IN HALL 10 AM Clubroom Committee Mtg	Mar 6 Auxiliary Breakfast Buffet 9 AM Riders Run to Pacific Beach *Open Pool Table in Clubroom *	Mar 7 3:30-6:30 PM 6 pm Allied Vets in Conference Room Zumba in Hall 7-8 PM	Mar 8 12:45-2:45 PM ALPHA OMEGA GROUP IN HALL 6 PM Post E-Board Mtg 6 PM DAV Mtg in Hall Zumba in Hall 7-8 PM	Mar 9 Auxiliary BBQ Burgers & Dogs Zumba in Hall 7-8 PM	Mar 10 6-8 PM Line Dancing in Hall	Mar 11 Dinner by Howard Haworth Famous Swiss Steak KARAOKE IN CLUBROOM 7-11 PM NO COVER CHARGE	Mar 12 8:30-9:30 AM ZUMBA IN HALL 9 AM Blue Star Moms 6 PM LEGION BIRTHDAY DINNER IN HALL
Mar 13 SAL Breakfast Buffet *Open Pool Table in Clubroom * 6-10 pm Square Dancers in Hall	Mar 14 3:30-6:30 PM Zumba in Hall 7-8 PM	Mar 15 5:00 PM SAL Meeting 6 PM Post General Mtg	Mar 16 Riders BBQ Chicken, Burgers & Dogs 7 PM Riders Mtg Zumba in Hall 7-8 PM	Mar 17 6-8 pm Line Dancing in Hall  ST PATRICKS DAY DINNER & RAFFLE IN CLUBROOM 5:30 PM	Mar 18 Dinner by Legion & SAL Fish Fry IHOT SUN N CLUBROOM 7-10 PM NO COVER CHARGE	Mar 19 11 AM-3 PM SURVIVOR OUTREACH IN HALL 6 PM LAW & ORDER DINNER IN HALL	Mar 13 SAL Breakfast Buffet *Open Pool Table in Clubroom * 6-10 pm Square Dancers in Hall	Mar 14 3:30-6:30 PM Zumba in Hall 7-8 PM	Mar 15 5:00 PM SAL Meeting 6 PM Post General Mtg	Mar 16 Riders BBQ Chicken, Burgers & Dogs 7 PM Riders Mtg Zumba in Hall 7-8 PM	Mar 17 6-8 pm Line Dancing in Hall  ST PATRICKS DAY DINNER & RAFFLE IN CLUBROOM 5:30 PM	Mar 18 Dinner by Legion & SAL Fish Fry IHOT SUN N CLUBROOM 7-10 PM NO COVER CHARGE	Mar 19 11 AM-3 PM SURVIVOR OUTREACH IN HALL 6 PM LAW & ORDER DINNER IN HALL
Mar 20 Post Officers Breakfast Polish Sausage, Eggs & French Toast 10 AM Combat Vets Mtg Patio Open Pool Table in Clubroom * 2-6 PM Ballroom Dancers in Hall	Mar 21 3:30-6:30 PM Zumba in Hall 7-8 PM	Mar 22 Vietnam Veterans 1031 Mtg in Hall 5:30-9 pm	Mar 23 Clubroom BBQ Burgers & Dogs 5:30-6:30 PM ZUMBA 7 PM Coast Guard Auxiliary Mtg in Hall	Mar 24 6-8 pm Line Dancing in Clubroom 7 PM USSV Scamp Base Mtg in Hall	Mar 25 Dinner by AL Riders Old Fashioned Pot Roast BACKWATER BLUES BAND IN CLUBROOM 7-10 PM \$8 COVER CHARGE	Mar 26 7:30-3 PM CERAMIC SHOW IN HALL 10 AM-1 PM BOYS STATE IN CONF RM & PATIO	Mar 20 Post Officers Breakfast Polish Sausage, Eggs & French Toast 10 AM Combat Vets Mtg Patio Open Pool Table in Clubroom * 2-6 PM Ballroom Dancers in Hall	Mar 21 3:30-6:30 PM Zumba in Hall 7-8 PM	Mar 22 Vietnam Veterans 1031 Mtg in Hall 5:30-9 pm	Mar 23 Clubroom BBQ Burgers & Dogs 5:30-6:30 PM ZUMBA 7 PM Coast Guard Auxiliary Mtg in Hall	Mar 24 6-8 pm Line Dancing in Clubroom 7 PM USSV Scamp Base Mtg in Hall	Mar 25 Dinner by AL Riders Old Fashioned Pot Roast BACKWATER BLUES BAND IN CLUBROOM 7-10 PM \$8 COVER CHARGE	Mar 26 7:30-3 PM CERAMIC SHOW IN HALL 10 AM-1 PM BOYS STATE IN CONF RM & PATIO
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J. B. Clark Post 149
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MARCH 2011

By National Commander Jimmie L. Foster - February 17, 2011

Good, but could be better.

When the White House unveiled its 2012 budget for the Department of Veterans Affairs earlier this week, I had high hopes since it was Valentine's Day. And while chocolates might be appropriate for loved ones, the challenges and increased demand facing the federal department tasked with serving America's 23 million veterans would require significant resources. My first reaction to the Obama administration's numbers was that they are good and bad but not ugly. First the good. There is actually much to like in this budget. In the area of total medical care, the administration actually exceeded our expectations by \$4.3 billion. The \$54 billion in this area will go a long way to preserve, and indeed, improve the best health care system available anywhere. Overall, the \$132 billion budget marks a 4 percent increase over the administration's 2011 budget, which still has not been approved by Congress. Federal spending is currently being funded by continuing resolution, meaning that the Obama administration's request for VA actually is a 10.6 percent increase over 2010 levels. Now the bad. There are some very important construction projects that VA needs in order to serve the 6.2 million veterans who are expected to use their facilities next year. We find the cuts in major and minor construction for these facilities to be unacceptable. During my congressional testimony last fall, I submitted recommendations of \$1.2 billion for major construction and \$800 million for minor construction. The administration budget includes only \$590 million and \$550 million in those respective areas, well short of what is needed. Moreover, Congress needs to immediately approve the \$208 million allotted by the administration to fund the veterans' caregivers program. These caregivers have often forfeited their working careers in order to provide care for their disabled family member. Not only must they experience the sorrow of watching their loved one return from war less than whole, they have tried to survive without the financial security and health insurance that they enjoyed prior to the injury. The law authorizing the caregiver program was signed last May and it was supposed to be implemented in January 2011. I understand that it takes time to publish regulations and complete training, but VA needs to get the program fully up and running without further delay. There are many complex areas of the VA budget that The American Legion will be commenting on during the coming year. Whether it's providing the best treatment for Traumatic Brain Injury, helping VA Secretary Eric Shinseki fulfill his promise to end veterans homelessness in the next few years or properly funding the National Cemetery Administration, The American Legion will continue to work with the administration and Congress to best serve the needs of veterans. In an era of skyrocketing debt and politicians trying to one-up each other over budget cuts, The American Legion is aware that sacrifices must be made. However, America's veterans have already sacrificed blood, sweat and sometimes their lives just so we could have these debates.