



The One Forty Niner

For God and Country, We Help America Work
Service to Community, State & Nation



NEWSLETTER OF THE AMERICAN LEGION, J.B. CLARK POST 149, ESCONDIDO, CALIFORNIA
The Finest American Legion Post in San Diego County

OCTOBER 2011

ISSUE 1011

Post Meeting News

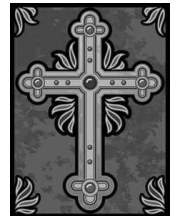
The E-Board meeting was held Tuesday, September 13th and Post Meeting held on Tuesday, September 20th. A motion was approved Nominations were opened for 1st Vice Commander. No other nominations received, therefore, Steve Ricketts was elected as 1st Vice Commander.

Commander, Richard Cross Sr.

Another month has come and gone and we continue to move forward. We are presently in the process of redoing our front doors and entrance railings. In addition, we have repaired the kitchen swamp cooler which is on the roof of our building and is putting out cold air as we speak. A big debt of thanks is given to Legionnaire Pete Vargas for his untiring efforts in getting our driveway repaired at no cost to us. The job was completed in one day and saved us thousands of dollars, so when you see Pete, let him know you appreciate his efforts. We are also planning several other projects that will make our Post even better than before. We will be rebuilding our outside pagodas in the near future and we need volunteers to complete that project, so step up and become a volunteer. We also need a volunteer to produce the monthly newsletter as this will be Daleen's last issue. Come out and support your Post and get involved. Last, but not least, is the Clubroom bar stool name plates. We are currently working on getting stool name tags for those who so generously donated a bar stool. As we continue to move forward, don't be afraid to step up and help.

Chaplain, Harold Olson

This month I have no deaths to report. But there is one sick call; that being myself. I've had a severe allergic reaction to some weeds and have a bad rash. The Doctor has me on very limited activity. Part of the devotional for this month comes from the second psalm. Why do the heathen range and the people imagine vain things? The leaders of the earth set themselves, and counsel together against the Lord and his anointed, saying let us break their bands asunder and cast away their cords from us. One of our greatest world leaders that we must subdue at all cost is our own personal desires and how they control how we treat others and want others to treat us.



Unit President, Carolyn Breshears



We have a new date for our meeting. It will be on Thursday, October the 13th, 7:00. Be sure to attend this meeting. The final vote for closure will take place. If you have not voted come to the meeting and make your vote count.

1st Vice, Irene Gustafson

At this time, we are phasing out the coupon program. Please do not leave coupons at the Post. In the past, store coupons have been sent to many military commissaries overseas, such as Rota Spain, Naples Italy, Cairo Egypt, Azores Portugal, Okinawa, Japan, Guam, Germany and many more. Thank you all that have given your time and volunteer hours to helping Veterans and their families in one of the activities of the National Security program. It is very much appreciated. "Thanks For The Memories."

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*** Legion Coming Events ***



PLEASE ASK FOR MORE EVENT DETAILS AT THE POST.

Adjutant, Carl Asher

I want to welcome aboard Comrade Steve Ricketts, who has been elected 1st Vice Commander of Post 149. I know 1st Vice Ricketts will perform the duties of his elected office to the best of his abilities. I extend my offer for assistance in performing those duties. Adjutant Hours: for now I plan on being in the office weekdays Monday, Thursday and Friday between the hours of 1000 and 1500. Of course there will be times I am away on other commitments.

Sons of the American Legion







The Sons had a well attended meeting in September. We voted to establish a \$1,000 S.A.L. scholarship for a student who has a military family connection. The criteria for this scholarship are being developed, but suggestions have been made to give applicants whose parent or grandparent was a POW a preference. More discussion will be held at our October meeting, so come on down and let us know what you think. We also voted to sponsor the annual Christmas bazaar in December. The A.L. Riders have graciously given us their 1st Sunday breakfast in December so we can hold the annual event that the Auxiliary has done. We will be looking for help for the different tables (baked goods, crafts and white elephant) that have been a part of the bazaar and maybe even add another if there is enough interest. So, please get a hold of your Sons if you would like to help out. We will do our Wednesday barbeque on October 5th and Sunday breakfast buffet on the 9th. The 2012 membership cards are available for all you early birds who want to renew your membership in the Sons. Please see our Adjutant to arrange pick up of your card. We are offering free laminations for you guys to keep the cards looking great all year long.



Order Chairman, Carl Asher

Comrades, we continue to receive your generous donations to your Law and Order Program. Thanks to the latest "Boosters": Bob & Kathy Reily; Paul & Betty Lochridge; Dave Caldwell & Gena Gardner. As is with the others who support this program, without your support the Law and Order Program would not realize the success it has enjoyed. November I will be sending the letters to the Chiefs of Police and Fire in Escondido. I will request they submit their recommendations for Valor, Hero, Meritorious Service, Medal of Merit and Citizenship by February 10. The Law and Order Program, Dinner and Awards Presentation is on the Post schedule of events for Saturday, March 17, 2012. More to come.

OCTOBER 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast in the Main Hall 8 - 11 AM OPEN POOL TABLE IN CLUBROOM	FOOD SERVED IN CLUBROOM FOR DONATION Noon 'til Gone	FOOD SERVED IN CLUBROOM FOR DONATION Noon 'til Gone	Patio BBQ 5:30-6:30 PM	FOOD SERVED IN CLUBROOM Noon 'til Gone Line Dancing 6—8 PM	Dinner Served 5:30 PM—7 PM Live Music if Noted	Special Events Day
Sep 25 40 et 8 Breakfast 11 AM 40 et 8 Mtg in Hall 10 AM Combat Vets on Patio 2—6 PM Ballroom Dancers in Hall	Sep 26  3:30—6:30 PM Zumba in Hall 7—8 PM	Sep 27 5 PM—CLOSE Vietnam Veterans 1031 in Hall	Sep 28 Clubroom BBQ Burgers & Dogs 5:30—6:30 PM Zumba Hall 7 PM Coast Guard Auxiliary Mtg in Hall	Sep 29 7 PM USSV Scamp Base Mtg in Hall 6—8 pm Line Dancing in Clubroom	Sep 30 Dinner by Howard & Crew Famous Swiss Steak KARAOKE IN CLUBROOM 7—11 PM NO COVER CHARGE	Oct 1 8:30—9:30 AM ZUMBA IN HALL 10 AM Clubroom Committee Mtg
Oct 2 12 NOON: 911 FLAG RETIREMENT CEREMONY ON PATIO Riders Breakfast	Oct 3  3:30—6:30 PM Zumb 6 PM / Happy Hour 8 PM Zumb	Oct 4 4:30 PM Teamsters in HALL 7 PM VFW 1513 in HALL	Oct 5 SAL BBQ Burgers & Dogs Zumba in Hall 7—8 PM	Oct 6 6—8 PM Line Dancing	Oct 7 Dinner by Boy Scouts Meatloaf KARAOKE IN CLUBROOM 7—11 PM NO COVER CHARGE	Oct 8 8:30—9:30 AM ZUMBA IN HALL 9 AM Blue Star Moms on Patio
Oct 9 SAL Breakfast Buffet 5—9 PM Palomar Square Dancers in Hall	Oct 10 3: Happy Hour 8 PM Zumb	Oct 11 6 PM Post E-Board Mtg 6 PM DAV Mtg in Hall	Oct 12 Post Officers BBQ Burgers & Dogs Zumba in Hall 7—8 PM	Oct 13 7 PM Auxiliary Meeting in Hall 6—8 PM Line Dancing in Clubroom!	Oct 14 Dinner by Tim Smith BBQ Pork Chops KARAOKE IN CLUBROOM 7—11 PM NO COVER CHARGE AM.FOREVER	Oct 15 8:30—9:30 AM ZUMBA HALL
Oct 16 Post Officers Breakfast 10 AM Combat Vets on Patio 2—6 PM Ballroom Dancers in Hall	Oct 17  3: Happy Hour 8 PM Zumb	Oct 18 5 PM SAL Mtg in Conf Rm 6 PM General Post Mtg in Hall	Oct 19 Riders BBQ Chicken, Burgers & Dogs 7 PM Riders Mtg on Patio Zumba in Hall 7—8 PM	Oct 20 6—8 pm Line Dancing	Oct 21 Dinner by Riders Fish Fry	Oct 22 8:30—9:30 AM ZUMBA IN HALL
Oct 23 Past Commanders Breakfast Ham & Eggs	Oct 24  3: Happy Hour 8 PM Zumb	Oct 25 5 PM—CLOSE Vietnam Veterans 1031 in Hall	Oct 26 Clubroom BBQ Burgers & Dogs 5:30—6:30 PM Zumba Hall 7 PM Coast Guard Auxiliary Mtg in Hall	Oct 27 7 PM USSV Scamp Base Mtg in Hall 6—8 pm Line Dancing in Clubroom	Oct 28 Dinner by DAV Tri-tip KARAOKE IN CLUBROOM 7—11 PM NO COVER CHARGE	Oct 29 8:30—9:30 AM ZUMBA IN HALL WESTERN DAYS EVENT ON PATIO
Oct 30 40 et 8 Breakfast 11 AM 40 et 8 Mtg in Hall	Oct 31 8 AM Clubroom Inventory 4:30 PM Teamsters in HALL	Nov 1 8 AM Clubroom Inventory 4:30 PM Teamsters in HALL	Nov 2 SAL BBQ Burgers & Dogs	Nov 3 6—8 pm Line Dancing	Nov 4 Dinner by Boy Scouts Pork Loins KARAOKE IN CLUBROOM	Nov 5 8:30—9:30 AM ZUMBA IN HALL 10 AM Clubroom

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October 2011

Legion fights TRICARE increases

Commander says higher premiums, annual fees for military retirees are ultimately a threat to national security.

WASHINGTON (Sept. 21, 2011) -- The American Legion sternly opposes plans to increase out-of-pocket health-care costs for military retirees, American Legion National Commander Fang A. Wong said after learning that the White House recommends increasing TRICARE premiums and charging new annual fees to help reduce the federal deficit. "President Obama told more than 10,000 Legionnaires at our national convention less than a month ago that the budget would not be balanced on the backs of veterans," Wong said. "Military retirees are veterans. And their benefits, including TRICARE medical insurance, cannot be milked to make ends meet. Make no mistake about it. This is an attempt to balance the budget on the backs of veterans. Military retirees are a small target in the middle of a big problem. They should not be asked to forfeit any of their health-care benefits to solve it." The Washington Post reported this week that the administration's deficit-reduction plan would raise TRICARE co-payments for pharmaceuticals to put them more in line with coverage provided to other federal employees and begin charging a first-ever \$200 annual enrollment fees for TRICARE For Life, a Medicare supplement, beginning in 2013. "We fully understand the federal deficit crisis, but when you start stripping benefits for military retirees, you affect more than the budget – you affect national security," Wong said. "Not only is such a reduction a breach of contract with our current military retirees, it is a disincentive for anyone willing to make a career of military service. Those who serve our nation in uniform, and swear with their lives to protect our freedoms, are not the same as ordinary government employees." Wong added that the same argument applies to plans for a new commission to examine ways to change the current military retirement system and bring it more in line with other federal careers. "These are not ordinary government jobs," said Wong, a retired U.S. Army chief warrant officer. "The sacrifices of those who make careers in the Armed Forces include life-threatening combat, long deployments separated from family, multiple transitions from duty station to duty station, and anything else the nation asks. America has the world's strongest military because good men and women have made commitments to careers in the military knowing they will be rewarded with a decent retirement in the end. "Any commission examining this issue in order to reduce the cost of military retirement will inherently search for ways to reduce the value of the benefit," Wong added. "That's not good for military retirees. Moreover, it's not good for America's national security." -end-

Our Legion at work protecting the benefits we earned by our service to our nation.