











The One Forty Niner

For God and Country, We Help America Work — Service to Community, State, and Nation

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California

Commander - Mike Frank



I would like to say a few words about some of our outstanding Post Officers. All of our officers are doing a great job; however, a few really stand out. Daleen Moore, even though she holds a full time job, continues to support this Post day in

and day out. She performs her duties as our Second Vice Commander in an exceptional manner, does an excellent job as our Rental Agent along with Lorraine Ulrich, is a very active member of our House Committee, and also is the PR representative for the Riders. She does all this, again, while holding a full time job. She also does much more for the Post whenever the need arises.

Our Finance Officer and newsletter editor, Art Lubben is another exceptional performer who spends countless hours at the Post performing these critical tasks. Art takes a lot of heat from many of us from time to time, mostly in jest, but sometimes not. Art takes all this in stride and plows ahead and continues doing his job very well, as expected from someone with his experience and history in the Post.

Our Chaplain, Chuck Faupel is simply the best Chaplain Ever! Nothing more needs to be said about him.

Our Judge Advocate, Brian Turpin has been doing an exceptional job with his responsibilities. Most of his work is behind the scenes researching legal matters, writing and/or editing our various forms of guidance such as our Post By-Laws. His counsel and advice is invaluable to me as he keeps me on the straight and narrow. He also doesn't tell me what I want to hear, he tells me what I need to know. Big difference.

Our Sgt at Arms, Mark Hamm is another exceptional performer who is always in the background doing his job setting up the hall for Post meetings, performing administrative and disciplinary actions, when required, etc. He is another one who is usually performing his duties in the background.

Our Historian, Jim Botts is rather unique in that his appointed job is rather low key and as needed, however, where Jim shines is with everything else he does for the Post. He performs most of the maintenance and repair actions at the Post along with fellow House Committee

members Manny Gonzalez, Daleen, Lorraine, and Ken Boyd. He also can usually be found cooking out on the patio or in the kitchen. He also is the chairman of the Oktoberfest committee.

Lastly on this installment is our Adjutant, Jeff Dodds. He hit the ground running taking over from our previous Adjutant and hasn't looked back. He is doing an amazing job as well as interacting in an exceptional manner with any and all who come to the Post to conduct business or just get some advice or counseling.

These folks are just a few of our Officers who are here to take care of business and help make Post 149 an exceptional organization.

2nd Vice - Daleen Moore



I'm still looking for volunteers to help with WE CLEAN ESCONDIDO. It only requires an hour or two of your time on the 3rd Saturday of the month. The Post supplies the trash bags, vest, gloves, and trash picker. Just meet us in

the parking lot of the Post at 8 am!

Please mark your calendars to join us for our Oktoberfest! It will no doubt be a ton of fun with German inspired games, a great German meal, and beer tasting with Mike Hess Brewery. Please see the flyer in this newsletter for the specifics and I hope to see you there!

I want to remind everyone that kitchen cleanliness is everyone's job. Common kitchen issues we are still encountering: warmers not emptied of water; warmers with bread crumbs; floors not cleaned; napkins/plastics left out on the counters; tablecloths not cleaned after the meal; appliances and counters not wiped clean, utensils left dirty on top of stove; pots, pans and bowls thrown randomly on shelves; spills not cleaned in refrigerator and

Special Events

See calendar page and flyers for more information

September 1 End of Summer Bash

October 6 Octoberfest

empty bottles put back in the refrigerator. We realize everyone is tired after cooking, but please take the time to double-check that you have returned the kitchen to proper order and cleanliness. It is especially important that each group SWEEP and SPOT CLEAN the hall floor after each meal. The hall must be presentable for potential rentals.

Post cleanliness is just as important. Please do NOT drop donations in the hall or conference room. Please make sure you either contact the Adjutant or Commander to ensure the item you are donating is usable at the Post. We have very little storage at our Post, so we have to be selective on what we accept. Yes, we accept newer books for the library on the patio, but we do not accept bibles, encyclopedias, magazines, or "vintage" books. Please donate those items to Goodwill or your local church. If you bring in a box of books, please put the books on the shelf and dispose of your cardboard box(es) properly. And we NO LONGER ACCEPT wheelchairs, crutches, walkers, or portable toilets.

Thank you for helping to take care of our Post! Semper Fi!

Adjutant - Jeff Dodds



Membership renewals for 2019 have started. If you get yours in by September 30th you'll get the early bird stamp. Besides bragging rights and showing it off to your friends, it will also entitle you to eat

free at the "Early Bird Dinner," normally given by the SAL in October. So come on down and see me. You can also pay on line or at the Clubroom bar after my business hours.

My office hours are still 0900 to 1200 Monday – Thursday. Please stop by and say hello. I'll even treat you to a cup of coffee.

Meeting Motions passed this month

To allow the 2nd Vice to move forward with securing LA's Comedy Club for a Comedy Night Fundraiser to be held on February 9, 2019.

To authorize the Post Finance Officer, with the Post Commander's approval, to hire a Bookkeeper at no more than \$12.00 an hour.

To add the Lead Bartender to the Clubroom bank account, which will allow her to make deposits and other bank transactions for the Clubroom.

The Post's bank debit cards can only be used at tellers

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The Official Publication of

The American Legion J. B. Clark Post 149

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Address correspondence regarding mailing to the Adjutant at adjutant149@gmail.com
Send content and comments to the editor at

editorpost149@sbcglobal.net

inside the bank.

To authorize the purchase of a 4 year plan with In Motion hosting for Post 149's website for \$251.48.

Finance Officer: Art Lubben



We have a Finance Committee meeting at 5 PM on the second Tuesday of each month prior to the Executive Board meeting. The actual members of this committee are specified in our Post by-laws. At this

meeting we analyze the finance reports in detail and discuss ways to improve Post finances. As are all American Legion meetings, they are not closed. Any member may attend. If you have any interest in how the finances of the Post are being handled, you are welcome to attend.

I email the monthly report to all Executive board members every month and have copies available at the monthly Post meeting, I will be happy to add you to my distribution list if you want an advance copy. To maintain decorum at Post meetings, I would request that any questions you may have regarding the report be forwarded back to me prior to the meeting so I may research the details of the entries you are inquiring about.

Finally, I want to announce that I have been able to obtain the services of Barbara Fox as bookkeeper. She has many years of experience in her own bookkeeping business.

Chaplain: Chuck Faupel



Q: How can you speed up the heart rate of your 60+ year old husband?

A: Tell him you're pregnant.

Q: How can you avoid getting wrinkles?

A: Take off your glasses.

Q: What is the most common remark made

by 60+ year old's when they browse an antique store?

A: I remember these.

Q: Where can a man over 60 find a younger, good looking woman who is interested in him?

A: Try the bookstore under fiction.

Q: What can a husband do when his wife is going through menopause?

A: Keep busy. If he's handy with tools, he can finish the basement. Then when he's finished, he'll have a place to live

Q: Why should 60+ people use valet parking?

A: The valet won't forget where he parked your car.

Q: Is it a common problem for 60+ year old's to have trouble with memory storage?

A: No. Memory storage is not the problem. Memory retrieval is.

Q: Do people sleep more soundly as they get older?

A: Yes, but it's usually in the afternoon.

Q: Where should old people look for glasses?

A: On their forehead.

American Legion Auxiliary Cathy Wathen - President



It's time to start planning Thanksgiving and Christmas. This year we have decided to make our yearly Christmas Bazaar, Rummage Sale/Bake Sale a Christmas Craft Bazaar/ Bake Sale. As many of you know we lost

Phyllis Bradford several months ago and she not only spearheaded the sale but made most of the baked goods. We need your help to coordinate the sale, anyone interested please let us know. Next is the crafty part of the sale, anyone who loves crafting we need you!!!! We are open to any and all handmade items that are relatively simple and can be accomplished quickly. We discussed at our meeting scheduling regular class workshops in the conference room to prep for the sale. Our first workshop will be on Sunday, September 16th at 2pm. Lastly, we would love you to share your craft ideas, Email Gloria or just come and join us.

We continue to take donations for our yearly food challenge to Mom's, so far we have collected 672lbs. Put all items in the gray bin in the hallway. No expired items or glass jars can be accepted.

For everyone who donated to the Rummage Sale in August, thank you!! This year was so hot not a large group turned out for breakfast or the sale. All the men's and woman's clothing left over will be donated to North County Stand Down in February. We did raise \$236 for our Girl's State program.

Sunday September 2nd our breakfast special is Corned Beef Hash, along with our usual ham, sausage, and eggs. Enjoy our home cooked breakfast for only \$8.00, active duty military \$5.00.

Friday, September 21st we will be serving Stuffed Pork Chops, all the fixings and peach cobbler for dessert. Dinner is served at 6pm with Doug's Karaoke and dancing in the clubroom to follow at 7pm.

My thanks to everyone who supports the Auxiliary and everything we do for our Veteran's and their families.

760-717-1425 cathywathenwatt@gmail.com

Sons - Jeff Flynt - Adjutant



The Sons have been raising a lot of money for various charities at their 2nd Sunday breakfasts at the Post and have even taken up a 5th Sunday, when available, to help local community teams. In July, we

raised the most money ever at breakfast (Over \$2,000 dollars) with the help of the Escondido Girls Softball All Stars, a group of 12 and under players that went on to finish 13th in the National tournament of over 50 teams. Look for more fund raising breakfasts from the Sons and don't hesitate to ask for help with other groups that are looking to raise funds and showcase their community spirit. The Sons are still looking for help cooking and cleaning during our meals and events, so please help if

you are able.

Our 4th Friday night dinner for September is a "Cook your own steak" meal and as always, help in the kitchen is needed and appreciated. We are still clearing up membership issues and have now gotten our cards for the upcoming 2019 membership year. Jeff Dodds (Post Adjutant and SAL Advisor) has them in the Post Adjutant's office and will be able to help you personally if needed to get your membership squared away. See the bartender to fill out a new membership form for us or mail in your payment to the Post and we will call or email you if we need anything else. Make sure to include your contact information (Mail, email and phone number) so we can get our database current. Thanks again for your participation in our Squadron.

760-803-5080 or sal149jeff@aol.com.

American Legion Riders – Dennis Dalbey, President



Hello everyone. On August 4th the riders co-hosted a poker run with the Top Hatters MC. This was the first time we had worked together and it was a big success. A donation was made to the Warrior Built Foundation from the

proceeds. We have two new riders, Kevin Buckley, and Tom McHenry. We now have 48 members making us the fourth largest Chapter in area five.

The ALRDOC State Rally is being hosted by American Legion Post 593/ALR District 28 in Prunedale, Ca. on September 21, 22, and 23, if you are going have fun and please ride safe.

Clubroom Manager – Stef Holden



Congratulations are in order to the former Ms. Audrey Duey! On August 18, 2018 Audrey married Mr. Bill McNaughton! Be sure to stop by the clubroom to congratulate the new bride!

Doug, as always, is doing an amazing job entertaining the clubroom with karaoke the first and third Fridays of every month. We are currently looking to start booking bands on Saturday nights so please continue to look in on the Facebook page and newsletter for the latest updates about what is happening in the clubroom. We are also looking forward to a spectacular Oktoberfest taking place next month! See you all very soon!

AMERICAN LEGION FUNDRAISER Hosted by:

THE GOLDEN EGG OMELET HOUSE

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Just mention when you get the bill that you are there to support the "American Legion Post 149", have them write it on the bill.

It is located at 316 W. Mission Ave. #101 behind McDonalds and Arby's in Escondido

They are open 7am-2:30pm, Daily.



DATE: Saturday, October 6, 2018

TIME: 3 pm

MEAL TIME: Served from 5 to 6 pm ONLY—No exceptions, so don't be late! WHERE: American Legion Post 149 Patio, 230 E. Park Ave., Escondido

DETAILS: \$12 per person includes beer tasting and authentic German meal of (1) pork brat or (1) beef hot dog, Beer sautéed peppers, German Potato Salad, Cucumber Salad, Sauerkraut and dessert. *No Substitutions.*

ACTIVITIES: After dinner, we will participate in some German inspired games! (Adults only)



German Attire Highly Encouraged

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September 2018
www.calegionpost149.org
Call 745-1159 and use auto menu for updates

Post Members Free Birthday Month Breakfast

At the Post Officers Breakfast in your birthday month - 3rd Sunday of the month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 26 40-8 Breakfast	Aug 27 6 PM House Comm.	Aug 28	Aug 29		Aug 31 6 PM Riders Spaghetti & Meatballs 7 PM Doug Johnson Karaoke 4 PM Private Party Patio	House Comm. End of Summer Bash See Flyer
8-11 AM Auxiliary Breakfast \$8.00	LABOR DAY	4 6 PM VFW	5 6 PM Game Night LRC	6	7 6 PM Boy Scouts Baked Fish 7 PM Doug Johnson Karaoke Veterans "Back to School" night	8 .10 AM 173rd Airborne 4 PM Private Party on Patio
8-11 AM Sons Breakfast All you can eat Buffet \$10.00 3 PM Polish Club in the Hall	6 PM Allied Veterans Council	6 PM DAV 5 PM Finance Comm. 6 PM E-Board	12	13	6:00 PM Sea Cadets Smoked Kielbasa 7 PM Open Juke Box	8 AM We Clean Escondido 9-AM - Noon Blue Star Mothers 9 AM - 3 PM Training in Hall
8-11 AM Post Officers Breakfast All you can eat Buffet \$10.00	17	18 Meeting night 5 PM SAL 6 PM Post 6 PM Auxiliary	6 PM VFW Auxiliary	20	6 PM Auxiliary Stuffed Pork Chops 7 PM Doug Johnson Karaoke	22
40-8 Breakfast	6 PM House Comm.	25	5:30 PM Riders' BBQ 6:30 PM Riders Meeting	27	6 PM Sons Cook your own Steak 7 PM Open Juke Box	29
Riders Breakfast All you can eat Buffet \$10.00	Oct 1	Oct 2 6 PM VFW	Oct 3 6 PM Game Night LRC	Oct 4	Oct 5 6 PM Boy Scouts Grilled Cheese & Chili 7 PM Doug Johnson Karaoke	Oct 6 3 PM Oktoberfest See Flyer

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J. B. Clark Post 149 230 E. Park Avenue Escondido, CA 92025-1811

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September 2018



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