



The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California



COMMANDER – MIKE FRANK



The first of the year is usually a rather quiet time especially after the holidays, but not for me. Aside from all the planning and work

involved with the dinner we hosted for the National Commander, I have been quite busy with the planning of this year's North County San Diego Veterans Stand Down to be held from 7-10 February. Thanks go out to Jim Botts, Tony Azares, and Ken Boyd for volunteering to help out with this worthy endeavor. I want to thank Daleen Moore for chairing the new Club 149 Crew. She has assembled a wonderful group of volunteers to help plan, organize, and implement all kinds of new and inviting events and programs for our members to enjoy while supporting our Clubroom and Post. We have a new Newsletter Editor, Barb Richter. She has graciously volunteered her time to publish our newsletter and keep us all informed on a monthly basis. She brings with her many years of experience as a professional graphic artist. Thank you, Barb! We just added a PayPal donation button to our website. This will make the process of donating money to the Post much easier as

well as provide a means to purchase tickets in advance for special events held at the Post. More to come on this subject soon. Also, starting with this issue of the newsletter we will start selling advertisement space in the newsletter. Please see the Adjutant for details.

1ST VICE – MICK SOBCHAK



How do you Legion?

It is more than a catch phrase. We all Legion in our own way. Some of us simply pay our annual dues. Some of us only show up for elections. Some of us like to visit the clubroom. Some of us volunteer when we can. Regardless of how you Legion, we all combine to make up the Legion family. Each of us plays a part in this great organization and this gives us the largest voice of all veterans service organizations when it comes to federal legislation.

The American Legion was founded in 1919 by twenty and thirty year old veterans and active duty members. One hundred years later we are all getting a bit older. It is time we find the younger generation of veterans to lead us into the next 100 years. Their ideas worked in 1919 and they will work

SPECIAL EVENTS

See calendar page and flyers
for more information

FEBRUARY 9
Comedy Show

FEBRUARY 16
We Clean Escondido

FEBRUARY 27
Rider's BBQ

MARCH 2
Save the date
Mardis Gras



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J. B. Clark Post 149
230 E. Park Avenue,
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760-745-1159
Fax 760-745-1676

Web -
www.escondidolegion.org
Address correspondence

regarding mailing
to the Adjutant at adjutant149@gmail.com

Send content comments
to the editor at
editorpost149@sbcglobal.net

in 2019. We just need to give them a chance. Give them a chance and mentor them. We all have knowledge we can impart on the newest generation of veterans. The question is, do you want your legacy to live on? Do you want The American Legion to be here in 2119? I know I do. No other veteran service organization can lay claim to what we have accomplished. From creation of the VA, writing Flag Code, writing the original GI Bill, creation of the Tomb of The Unknown Soldier, and having the Forever GI Bill named after Past National Commander, Harry Comery, author of the original GI Bill.

Come on down to the post. Attend a meeting or an event. Make new friends. Reacquaint with old ones. Be the person these younger veterans will talk about when they get to be our age. Be the reason we survive another 100 years.

2ND VICE – DALEEN MOORE



Hello, fellow legionnaires! I hope you all have signed up for the **COMEDY SHOW on Saturday, February 9th!** If not,

you still have a couple days to get your tickets, so don't delay!

Our next event will be a **MARDI GRAS PARTY on Saturday, March 2nd!** We will have food, king cake and a DJ to entertain, so please save the date to join us in the festivities.

We are super excited to announce a **TRIVIA NIGHT in the clubroom** is in the works as well. We anticipate holding this event on Wednesday nights, so stay tuned for further info.

Club 149

The "Club 149 Crew" is in place and ready to fire things up in our Clubroom! I want to extend my appreciation to not only the Commander, Mike Frank, the Clubroom Manager, Stef Holden, and the illustrious bartender, Shannon White, but also the following members for volunteering to help the Clubroom with activities, decorating, and general assistance to the Clubroom Manager. I foresee some fun new events coming to our Club!

Will Simkonis

Misael Alvarado

Duncan Wilkie

Trini Tang

Lalo Garcia

Jennifer Holden

As always, we **L-O-V-E** input from our members, so if you have an idea for our Post or Clubroom, please don't hesitate to contact me at **(760) 855-5635** or you can drop an idea in the Suggestion Box in the Clubroom.

CHAPLAIN: CHUCK FAUPEL



I have (1) Comrade to Report to Post Everlasting: Pete Ellis, Korean Veteran, He passed away on January 7th 2019. He

was born on November 28th 1928. Pete's son found him in his bed. He had a heart attack. He was a friend and a legionnaire. Every event we had, there he was always smiling. He would always ask how so and so was doing. His Memorial Service was



held on January 11th at St. Constantine and Helen Greek Orthodox Church in Cardiff. Pete's son escorted his body back east. His Family did not want a Celebration of Life. May his soul rest in peace and watch over us and keep us safe. Farewell comrade. Your duties here are completed.

REMINDER: I will be conducting the Four Chaplain's Memorial Service at Post 149 on February 3rd 2019 at

11:30. This is the first Sunday of the month. If you have never been to one, come out and support. If you would like to take part as one of the Chaplains let me know.

Q: I know God is supposed to be all-powerful, but why doesn't He do something about all the misery and suffering in the world? Maybe He isn't so powerful after all.

A: If God was powerful enough to create the whole universe, isn't He powerful enough to deal with the evils and sufferings of our world? Of course, He is. The Bible says, "I am the Lord, the God of all mankind. Is anything too hard for me?"

(Jeremiah 32:27).

But why, then, doesn't He do something about all the misery and suffering in the world (as you say)? The answer is—He has! Let me explain. Have you ever asked yourself where all the sufferings of this world come from? They happen, the Bible says, because our world is infected with a deadly disease—a spiritual sickness called sin. Sin isn't just something we do that's bad (although it is that). Sin also is like a deadly cancer that affects our whole lives, and our whole world.

But His son came to destroy sin's power—and He did this by His death and resurrection for us. As we turn to Him in repentance and faith He forgives our sins, and as we yield ourselves to Him every day He helps us defeat sin's power over us. He also gives us a new love for others, and sends us out to help alleviate the sufferings of our world.

But the Bible also tells us that someday the final battle will be fought, and sin and Satan will be defeated forever. A new world is coming! Don't be filled with despair, but put your hope in in his son. Then ask God to make you a light in this dark world, pointing others to the hope we have because of his son.



Members from the **American Legion Riders Chapter 149** preparing to give **Pete ELLIS** a very patriotic tribute at the conclusion of his memorial service.

ADJUTANT - JEFF DODDS



I would like to start by saying thank you to all those that renewed their membership and show their card

proudly when they come to enjoy the amenities of Club 149. If you are one of the few that it has slipped your mind it is never to late to send in your dues, or stop by my office.

My office hours are still 0900 to 1200 Monday through Thursday. Friday by appointment. Please stop by to say hello and join me for a cup of coffee.

Actions of Post 149 E-Board 01/08/2019

1. To authorize the expenditure of \$239.00 for the purchase of a neon "Club 149" sign for the clubroom.

AMERICAN LEGION AUXILIARY. CATHY WATHEN - PRESIDENT



I hope everyone is enjoying 2019 and our rainy weather. As much as we need it I have to admit I miss the sunshine.

First I want to thank the American Legion and Mike Frank for the Certificate of Appreciation for the work the Auxiliary did at the National Commanders Dinner. Arlene Cox, Carol Halvorson and I received beautiful certificates. It was a wonderful evening and we received nothing but compliments from the guests and the National Commander himself. We were so proud!!!

Work is moving forward on the North County Stand Down February 7th

thru the 10th. They are in still need of bath towels, wash cloths and twin blankets. Anyone who would like to donate any of these items please leave them in the Conference Room labeled Stand Down.

Sunday February 3rd is our monthly breakfast with Chorizo and Eggs as our special. Of course we will be serving our usual for everyone who likes ham/sausage and eggs cooked to order. Enjoy breakfast for only \$8.00, Active duty military \$5.00.

Friday February 15th the special will be Chicken and Dumplings. We love to surprise you so dessert will be a secret that I guarantee will please everyone. Karaoke starts at 7:00 in the clubroom, enjoy a great dinner and fun singing along with Doug.

Remember we are still collecting food for military families at Camp Pendleton; your food donation is always welcome. Put all items in the gray bin in the hallway. No expired items or glass jars can be accepted.

On a sad note we lost a beloved Legionnaire on January 6th, Pete Ellis. Pete your smile and funny jokes will be missed by all at the American Legion and the Auxiliary. You gave so much love to everyone. RPI Pete.

Ladies if you have not renewed you membership for 2019 please do so now. Dues have increased to \$30.00 and can be sent to ALA Unit 149 at 230E. Park Ave, Escondido CA 92025 or renewed online. Please put your membership number on your check or enclose your renewal form. Renewals can be taken in the clubroom or dropped in the Auxiliary box in the conference room. Thanks Ladies!!!

My thanks to everyone who supports the Auxiliary and everything we do for our Veteran's and their families.

Cathy Wathen, President Unit 149 760-717-1425
cathywathenwatt@gmail.com

SQUADRON ADJUTANT – JEFF FLYNT



The Sons will be having their usual breakfast buffet on Sunday, February 10th and a "Taco Bar Buffet" on Friday, February 22nd. So come on down and enjoy a meal with us in February. We are still looking for help at our Squadron level. Officer positions are available for members to fill and help is always welcome around the kitchen. Our Finance Officer,

Ray Bradford is moving to South Carolina and we will be shuffling positions around and will be electing a new slate of officers in May after nominations in April. So please think about volunteering for a position with us. We can help you get started immediately so you can find an area you are comfortable with and then run for office with some experience behind you. Otherwise, keep supporting the Squadron any way you can and recruit others to join our ranks and grow our Squadron. Anyone who hasn't gotten their 2019 membership

THE CLUB 149 CREW

With the holidays behind us, as we settle back into our normal daily routines, I hope you all had a merry Christmas and are looking forward to a glorious new year!

Please come join us on Sunday February 3rd as club 149 will be hosting a pot luck Superbowl party. Signup sheet is available inside Club 149. Last year was a big success and we hope this year is even bigger! Hope to see you all there.

On Saturday, February 9th, The American Legion Post 149 is proud to host a Dinner and Comedy Show event featuring LA's "The Comedy Machine". The hall opens for seating at 5pm and dinner will be served at 6. The Show begins at 7pm. Tickets are \$30 per person and advance purchase is required. This event is first come, first served so be sure to purchase your tickets early.

Every Sunday our own Cheryl Avina is hosting "Pub Grub". Cheryl will be serving various dishes from week to week. Donations are graciously accepted.

Due to increased demand, Karaoke is now happening at Club 149 every other Friday vice every 1st and 3rd Friday. A big thank you to all for making Karaoke Friday such a great success and, as always, a fun time had by all!

Please continue to check our website and Facebook page often as new and exciting events at Club 149 are on the horizon. Thanks to each and everyone of you for the continued support of Club 149!

Club 149 Crew information and events can be accessed at the following:

Instagram: @AL_club149

Twitter: @AL_club149

You can contact the
Club 149 Crew at:

Email: info.club149@gmail.com

card must see Jeff Dodds (Post Adjutant and SAL Advisor) to get your membership squared away. Otherwise, see the bartender to fill out a new membership form for us or mail in your payment to the Post and we will call or email you if we need anything else. Make sure to include your contact information (Mail, email and phone number) so we can get our database current. Thanks again for your participation in our Squadron. **760-803-5080** or **sal149jeff@aol.com**.

IRENE CLINGMAN, CHAIR FOOD CHALLENGE FOR 2019



As we continue into the New Year our Food Challenge 2019 will be working with Helping Hand Worldwide to provide food for military families at Camp Pendleton. Our goal for this year will be 1,500 pounds which is the same as last year

as we did not quite meet that goal last year. Linda Milford and I have completed our background checks and have picked up our one-year pass to travel on Camp Pendleton to assist with delivery of food from our Post or to assist with the distribution to families. I recently attended a food distribution in December and was impressed with the Helping Hand organization. Many military family members were present to volunteer and unload the delivery trucks and set up the tables for the distribution.

Because Helping Hand Worldwide works with Trader Joe's, Albertson's, an organic farm, and egg ranch, their products are fresh and therefore there is no need for canned vegetables. Below is a list of items they have requested and in which we can donate to help feed hungry families and to provide additional necessities.

Food- Peanut butter, canned tuna and chicken, canned pasta sauce, whole grain rice and pasta, cereal without sugar, condiments, coffee and tea. They do not need bread or any other canned vegetables or fruit or high sugar pre-packaged items of any kind.

Hygiene Items and personal care products both full and travel sizes- shampoo, deodorant, sunscreen, lotion, feminine hygiene, shaving cream, baby wipes, paper towels, toilet paper, toothbrushes, and laundry soap.

Baby items- diapers in all sizes, baby formula, strollers,

cribs, bedding and pillows (new), kitchen appliances especially blenders or crock-pots, fans.

Gently used or new clothing- in all sizes but especially for babies, toddlers, children. Children's shoes are the biggest need in this category.

Gift Cards or Cash- Gift cards in denominations of \$10-\$25 from Target, Walmart, and Trader Joe's are especially welcomed but please no VISA or MASTERCARDS. The gift cards are distributed to families in need. In addition, Helping Hands desires gas cards to help with expenses of picking up and delivering food as well as cash donations. If you donate cash, you can get a receipt.

Thank you in advance for supporting our Food Challenge and if you have any questions you can contact me at **iclingman@cox.net**

MARKET MALL

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BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per month (minimum 3 month advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per month (minimum 3 month advertisement cycle required)

***PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM FOR MORE INFORMATION
OR TO PLACE AN AD.**



Commander Mike Frank with National Commander Brett Reistad



Commander Reistad with the serving crew, Penu Pauu, Jim Botts, John Angle, and Lorraine Ulrich



The Post 149 table



Commander Reistad with the Ladies Auxiliary food services staff, Arlene Cox, Carol Halvorson, and Cathy Wathen

Club 149 Presents

Mardi Gras

DJs

DJ WILL

Saturday, March 2, 2019

230 E PARK AVENUE, ESCONDIDO, CA 92029
Info.club149@gmail.com



Manny Gonzalez and the House Committee completing one of the many improvements to our Patio Grill area in preparation for the memorial service honoring Pete Ellis and dedication of the Pete Ellis Memorial Grill to take place on Saturday, March 23rd.

HELMETS FOR HEROES
PROTECTING VETERANS YESTERDAY, TODAY & TOMORROW

California American Legion Veterans Affairs & Rehabilitation Foundation (CALVAF) supports the services of veterans, widows, survivors, and other dependents living in California, receive appropriate health care and delivery of medical benefits. www.calvaf.org

You Bet Your Change will Help a Vet!

There are several of these helmets in the Clubroom. By placing your spare change in them, you are donating money directly to the American Legion Veterans Affairs and Rehabilitation Foundation. Your donations are greatly appreciated.

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST

At the Post Officers Breakfast in your birthday month - 3rd Sunday of the month - All you can eat buffe

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JAN 27 *Open Pool Table in Clubroom *	JAN 28 6 PM House Committee Mtg on Patio	JAN 29	JAN 30	JAN 31	1 6 PM Boy Scouts Dinner Baked Chicken KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	2 9 AM-1 PM Post Revitalization (Hall)
3 8-11 AM Auxiliary Breakfast \$8.00 11:30 AM Four Chaplains Ceremony (Hall) 3-8 PM Polish Club (Hall) *Open Pool Table in Clubroom *	4	5 6 PM VFW Mtg (Hall)	6 6 PM "LCR" Game Night (Patio)	7 6 PM Bunko (Hall)	8 NO DINNER	9 9 AM-Noon Blue Star Moms (Hall) 6 PM Dinner & Comedy Show 
10 8-11 AM Sons Breakfast All You Can Eat Buffet \$10 *Open Pool Table in Clubroom *	11	12 1-5 PM Baker Electric (Hall) 5:30 PM Post Finance Mtg 6 PM Post E-Board Mtg 6 PM DAV Mtg in Hall	13	14  Noon-4 PM Escondido Arts Assoc (Hall) 6 PM Bunko (Hall)	15 6 PM Auxiliary Dinner Chicken & Dumplings KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE 7 PM Poker Night (Patio)	16 8 AM We Clean Escondido Private Rental Hall 6 pm-Midnight
17 8-11 AM Post Officers Breakfast All You Can Eat Buffet \$10 *Open Pool Table in Clubroom *	18	19 5 PM SAL Mtg (Conf Rm) 6 PM Post General Mtg (hall) 6 PM Auxiliary Mtg (Conf Rm)	20 6:30 PM VFW Auxiliary in Hall	21 6 PM Bunko (Hall)	22 6 PM Sons Dinner Taco Bar Buffet	23
24 40 et 8 Breakfast 12 Noon- 40 et 8 Mtg in Hall *Open Pool Table in Clubroom *	25	26	27 5:30 PM Riders BBQ 6:30 PM Riders Mtg	28 6-8 PM Senator Jones Open House (Hall) 6 PM Bunko (Clubroom)	MARCH 1 6 PM Dinner by Boy Scouts Pork Loin KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	MARCH 2 SAVE THE DATE! MARDI GRAS PARTY 

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

The One Forty Niner

FEBURARY 2019
J. B. Clark Post 149
230 E. Park Avenue
Escondido, CA 92025-1811

Non-Profit Organization
U.S. Postage PAID
Escondido, CA
Permit # 92

RETURN SERVICE REQUESTED



DINNER & COMEDY SHOW EVENT

SATURDAY, FEBRUARY 9th, 2019

Presented by:
American Legion Post 149

- 5 PM Hall Opens for Seating
- 6 PM Dinner Served
- 7 PM Show Begins!
- \$30 Per Person (*Advance Purchase Required*)
- Price includes Plated Dinner Service & Dessert
- No Host Bar—Waitresses will be on Staff to Serve during the Show (Cash Only Bar/ATM Available)
- No Table Reservations Accepted—First Come, First Serve Seating
- Featuring LA's "The Comedy Machine!"

**Get your tickets early!
This event previously sold-out!**

For more information, please contact Daleen Moore at (760) 855-5635.
Tickets available for purchase in the Clubroom at:
American Legion Post 149 • 230 E. Park Avenue • Escondido • CA • 92025
OR
PURCHASE TICKETS ON-LINE AT EVENTBRITE
<https://www.eventbrite.com/e/dinner-comedy-show-event-las-the-comedy-machine-at-post-149-in-escondido-tickets-54380677069>

BACK BY POPULAR DEMAND!



See www.escondidolegion.org for the latest updates
Find us on Facebook: www.facebook.com/Escondidolegion.org