

FOR GOD AND COUNTRY, WE HELP AMERICA WORK — SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California











COMMANDER - MIKE FRANK



I would just like to thank everyone who helped out with our VetFest and Veterans Day parade as well as our Sponsors. I especially want to thank my Co-Organizer, Nina Deerfield. She was the driving

force behind VetFest. I also want to thank Art Lubben for putting the ceremony at the Post together. Stef Holden and the Brothers of Six were indispensable as well. It was an exceptional event! The parade came off without a hitch and all the Veterans who rode in the parade were greeted very warmly by the people in attendance. Cathy and her team fed well over 450 people. I can't remember ever seeing this many people at our Post. Please check out our calendar as there are quite a few changes this month.

POST 149 ADJUTANT - JEFF DODDS



December already? We are getting ready to wrap up another year here at American Legion Post 149. If the card in your wallet still reads 2019 you need

to come by and see me. Of course, I will be at the Post General Meeting on the 3rd Tuesday of every month. And if you missed the Early Bird Dinner you really missed out. The Son's did a great job.

I would also like to give a warm, heartfelt thank you to the children of our departed comrade, Pete Ellis. They came by on their father's birthday and gave a generous donation to both the Post and the Auxiliary in Pete's memory.

My office hours are still 0900 to 1200 Monday through Thursday. Friday by appointment. Please stop by to say hello and join me for a cup of coffee.

Actions of Post 149 E-Board 11/12/2019

Purchase materials to make needed repairs to the bar area. Not to exceed \$500.00.

Donate \$100.00 Gift Card to Pauley Equipment for the use of their equipment for the VetFest Parade.

CHAPLAIN - CHUCK FAUPEL



I have (2) sickbay to report:

Legionnaire and Legion rider Tony Azares went into the hospital again on Saturday on the 16th. He was barely conscious.

White blood cell count was low and blood pressure was low. He was released on Wednesday. Keep him in your prayers. See you soon Tony.

Legionnaire and Legion rider Patrick
McDowell have been in and out the hospital
for the last few months. They are placing
him on a liver transplant. Keep him in your
prayers. See you soon Pat.

THE ONE FORTY NINER DECEMBER 2019

SPECIAL EVENTS

See calendar page and flyers for more information.

DECEMBER 7
SANTA and CHILDREN'S
CHRISTMAS PARTY by
Auxiliary

DECEMBER 14 VFW Christmas Party

> DECEMBER 25 Merry Christmas POST CLOSED

DECEMBER 31
Roaring 20s
New Year's Eve Party

JANUARY 1, 2020 Clubroom open at NOON



The One Forty Niner

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Announcement: I will be conducting the Four Chaplain Service in February 16, 2020 Sunday @1130, 3rd week which will be the post breakfast, come out and enjoy a great buffet and stay for the service. Put it in your calendar.

We don't always pray as much as we ought to. In fact, we could pray a lot more. When a crisis hits, what is our first inclination? It's to say, "God, take this problem away."

Sometimes He does. But there are other times when He doesn't. The reality is that problem, that difficulty, keeps us in touch with God. It keeps us dependent on God. And it keeps us praying without ceasing.

The apostle Paul wrote to the believers in Rome, "For God is my witness, whom I serve with my spirit in the gospel of His Son, that without ceasing I make mention of you always in my prayers" (Romans 1:9 NKJV).

Then 1 Thessalonians 5:17–18 tells us, "Pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you" (NKJV).

Maybe you're saying, "Pray without ceasing? How that is even possible? I have a life. I have to go to work. I have to do a lot of things. I can't just pray all day."

Why not? It doesn't mean you have to be on your knees with your eyes closed. It is not just a prayer before a meal or praying with other believers. It's simply living in prayer, living in communion with God.

When you're cruising down the freeway or stuck in traffic, your vehicle could become a sanctuary. It could be a place to hear God's Word, worship the Lord, and pray (just keep your eyes open).

You can be close to God wherever you go. Why? Because the dwelling place of God is with us. You're the temple (see 1 Corinthians 6:19). So, you, too, can pray without ceasing.

AMERICAN LEGION AUXILIARY | CATHY WATHEN | PRESIDENT



Hi everyone, all the Auxiliary members hope you're having a wonderful holiday with family and friends!!! Thanksgiving is behind us and I am sure

everyone is 5 pounds heavier, I know I am.

Next up is our **Holiday Breakfast/Bazaar on December 1**st, we hope everyone can attend.

Saturday December 7th at 11am Santa will be coming to Post 149. Santa will deliver toys to all children ages infant to 10 years old. See our flyer and sign-up sheets posted on the hall and clubroom with more details.

Everyone remember our food collection for military families at Camp Pendleton comes to an end on December 14th. So far we have 878 lbs. collected; we are still hoping to reach the 1500 lbs. collected last year. Your food donation is needed. Put all items in the gray bin in the hall. No expired items or glass jars can be accepted.

Friday December 20th is the Auxiliary's monthly dinner. Take a break from shopping and have a home cooked ham and scalped potato dinner. We hope to see you there.

Kid's movie night on January 25th and Girl's Day Out on February 22nd, are just a few of the events the Auxiliary is working on in 2020. Watch for flyers.

My thanks to everyone who supports the Auxiliary and everything we do for our Veteran's and their families.

Merry Christmas and a very Happy New Year to everyone from the ladies of the American Legion Auxiliary Unit 149

Cathy Wathen, President Unit 149 | 760-717-1425 | cathywathenwatt@gmail.com

VETERAN DAY PARADE, ESCONDIDO/VETFEST NOVEMBER 11, 2019

TOP LEFT CLOCKWISE: | Mike Frank and Nina Deerfield, VetFest Co-Organizers | Spectators lined sidewalks | One of our Hometown Heroes_WWII and Korean War Vet | Sponsor, Palomar Health | Orange Glen High School NJROTC | Post 149 Historian and Master of Ceremonies, Art Lubben addresses the crowd at VetFest | State Senator Brian Jones issues Post 149 a proclamation from the State Senate | A great two-hour set from Home Grown Tomatoes kept people happy and toes tapping | Valley Center Vaqueros | Escondido High School Marching Band | Post 149 AL Riders | Escondido Firefighters Color Guard | MIDDLE TOP TO BOTTOM: | Marine Corps Marching Band | The Mayor hand Post 149 Commander Mike Frank a proclamation from the City of Escondido | Assembly Member Marie Waldron issues Post 149 a proclamation from the State Assembly |































CLUBROOM MANAGER – STEF HOLDEN



My how the time does fly! It has been just over Two years since becoming your Club Room Manager. My hats off to the professional

staff that makes my job such a pleasure to serve. I look forward to many years to come.

Santa is coming to Post 149 11am to 2pm Saturday December 7th! There will be gifts for children ages infant to 10 years old. Burgers, Dogs, Mac and Cheese, jello and juice will be provided free for the kids. Although game night and Trivia night will go dark during the month of December, Karaoke will continue every Friday as scheduled.

New Years Eve is approaching! Please join us inside Club 149 for our "Roaring 20s" New Years Eve Party happening on Tuesday December 31! The event starts at 8pm and continues late into the evening. Dressing as a gangster, flapper or Silent Screen Star is highly encouraged! Club 149 will be hosting food, party favors and a DJ as well. Presale tickets are available for purchase inside Club 149 for \$25. Tickets are \$35 on the day of the event. Please come out and help us make the "Roaring 20s" a great night had by all!

Holiday hours are as follows:

Thanksgiving: 10am-8pm Christmas Eve: 10am-6pm Christmas Day: Closed

New Year's Eve: 10am-2am

New Years Day: Open at 12 noon

From all of us at Club 149, Wishing everyone a very Merry Christmas and a

blessed New Year!

THE ONE FORTY NINER DECEMBER 2019



www.escondidolegion.org
Call 745-1159 and use auto menu for updates

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8-11 AM Auxiliary Breakfast Eggs to Order \$8.00 Auxiliary Bake Sale/ Garage Sale 3 PM Pub Grub by Cheryl (Clubroom) Open Pool Table	2	1-5 PM Baker Electric Mtg. (Conf. Room) 6 PM VFW Mtg. (Hall)	4	6 PM Bunko (Hall) Open Pool Table	6 PM Boy Scouts Dinner (Hall) KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	Auxiliary Children Christmas Party (Hall) 11 AM-2 PM Sea Cadets End of Year Party (Patio) 6-10 PM Biggs Hoggs Xmas Party (Hall)
8 8-11 AM Sons Breakfast All You Can Eat Buffet \$10 3 PM Pub Grub by Cheryl (Clubroom) Open Pool Table	9	5:30 PM Post Finance Mtg. (Conf. Room) 6 PM Post E-Board Mtg. (Conf. Room)	11	12	KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	6-10 PM VFW MC Christmas Party (Hall) 9 AM-1PM USMC Recruiters BBQ (Patio)
8-11 AM Post Officers Breakfast All You Can Eat Buffet \$10 3-8 PM Polish Club (Hall) 3 PM Pub Grub by Cheryl (Clubroom) Open Pool Table	16	17 6 PM Post General Mtg. (Hall)	18	19	6 PM Auxiliary Dinner (Hall) Ham/Scalped Potatoes KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	8 AM We Clean Escondido 5:30-8 PM VWF 1513 Christmas Party (Hall)
22 40 et 8 Breakfast 12 Noon—40 et 8 Mtg. (Hall) 12:30 3 PM Pub Grub by Cheryl (Clubroom)	23	24 CLUBROOM OPEN 10 AM-6 PM	Chrismas	26	27 KARAOKE IN CLUBROOM 7-10 PM NO COVER CHARGE	28
ALR Breakfast All You Can Eat Buffet \$10 (Hall) 3 PM Pub Grub by Cheryl (Clubroom) Open Pool Table	30	NEW YEAR'S EVE CLUBROOM OPEN 10 AM-2 PM NEW YEAR'S EVE PARTY Starting at 8 PM	JAN. 1 CLUBROOM OPEN 12 PM Textility Textility	JAN. 2 6 PM Bunko (Hall) Open Pool Table	JAN. 3 6 PM Boys Scout Dinner (Hall)	JAN. 4

The One Forty Niner

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BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo. (minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo. (minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT AT ADJUTANT149@GMAIL.COM FOR MORE INFORMATION OR TO PLACE AN AD.