

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California











COMMANDER | JEN HOLDEN



Comrades, autumn is upon us and soon so will the holidays. Please let us know if you need assistance in any way. We are a family and want to make sure

everyone knows we are here for one another. We have a lot of activities coming up this month! Please come dress up for the Halloween Costume Party; have a pint at OktoberFest; eat breakfast on Sundays or dinner on Fridays. We are trying to get the Post rocking and rolling again.

Please give a big congratulations to Tony Azares, who is our new 3rd, Vice Commander! I am very grateful he accepted the position and I know he will do an outstanding job. The 3rd Vice is primarily a Public Affairs Officer. He will help us be more active on our social media, and to get our Post more exposure in the way of rentals and members.

I want to address something that has come up in the last few weeks. Social media is a great tool and a great weapon. We use it to keep in touch and stay tuned into current events. I have recently seen it used by persons that are members of the American Legion Family to criticize our Post on their own personal pages and on our organization's page. This is absolutely 100% their right to do so. However, I ask you all to

step back and look at what those posts have done to our reputation as JB Clark Post 149.

All I ask is this: Please come to me about things that may have made you angry or concerned before you post it to your social media. I am approachable and willing to listen to issues that come up. Please allow me and the rest of the Post Officers the opportunity to, to the extent we can, make right these occurrences that have hurt or offended you. My email is jennifer.lea.holden@gmail.com send me an email and I will respond.

Thank you for allowing me to serve this Post as the Commander!

FIRST VICE | JOHN SMARTT



Comrades.

Thank you to those who have renewed their membership and commitment to your Post.

We hope to see all of you more often as we add events to the calendar. Do you have a special trade or talent that could be helpful at the Post? There is always a repair or upgrade in the works and we could sure use the help on these projects. Come to a Post meeting and offer your talents to help us improve our Legion Home.

THE ONE FORTY NINER OCTOBER 2022

SPECIAL EVENTS

See calendar page and flyers for more information.

OCTOBER 15 e-Waste Disposal

OCTOBER 22
HALLOWEEN Party
OKTOBERFEST

Check Calendar for FRIDAY
Dinner and
SUNDAY Breakfast
Schedules

PUB GRUB by Cheryl Every Sunday 3 PM

PORCELAIN CLUB Every Tuesday 9 AM-1 PM

BUNKO Every Thursday 6-8:30 PM

> KARAOKE 10/7 and 10/21 Friday 8-11 PM



The One Forty Niner

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SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Summer has ended and Fall has arrived but the great news is that there are many exciting events taking place within the month of November!

On **October 22**, the ALR chapter will be hosting a **Halloween party and dance**. The fun starts at 6pm with dancing in the Hall at 8pm. Appetizers served from 7pm to 9pm. Tickets are available for pre-purchase at the bar \$15 single and \$20 a couple. \$20 single and \$25 a couple the day of the event. Prizes will be awarded for scariest, most original and best couple costumes!

In conjunction with the Halloween party, Club 149 will be hosting **Octoberfest** featuring craft brews from the Mike Hess Brewery. Be sure to purchase a flight of your favorite microbrews! See you at the party!

October 28th Club 149 will once again be hosting College Night. Music will be provided by "Carl's Bad Habits".

The following evening the Sons of the American Legion will be putting on the "Fall Fest Pro Wrestling Expo" Doors open at 5pm and Bell Time is 6pm. Order tickets at www.socalprowrestling.com

November will feature the Marine Corps
Birthday to take place on November 10th
and the following day is the 3rd annual
Escondido Veteran's Day Parade (VetFest).
Details to follow in the very near future.

Looking forward to seeing all of you at Club 149!

POST 149 ADJUTANT | BILL STINTSMAN



Fall is upon us and many of you have mixed feelings about this time of the year. Some of you will miss the summer activities, while others

cheer the return of football season. Some dread the upcoming holidays, while others cheer the thoughts of being with family and friends, and all the parties you may have. And speaking of parties, remind your family and friends that we have hall and patio rentals available, so this is the place for you to hold your events, if no this year, then maybe next year. And if you aren't into that family gathering stuff, come to the Post and watch a game with us; your other family. You won't be alone.

Don't forget about our 'eWaste' disposal event. Consolidate that stuff, clean out those closets, cabinets, and drawers of that unwanted and unused electronic equipment, and bring it to the Post on October 15th from 9:00 am to Noon.

Remember, if you haven't used that old piece of junk in more than a year, you aren't going to, and if it's broke, let us help you get rid of it. Unclutter now for the holidays, you'll be glad you did and feel better too.





CHAPLAIN | CHUCK FAUPEL



Report (1) sickbay: Robert Fleck, U.S Navy, Korean Veteran. He has been a member of our Post for 26 years. He is in Palomar Hospital Room 610 with breathing issues. I will follow up. We will keep him in our prayers.

I have (2) Post members that have been transferred to Post Everlasting:

Post member **Thomas Speck** passed on **August 19**th. He was a Korean War Veteran that served in the U.S. Army. He was 87 years old.

Post member Frank Mortimer passed on August 23rd. He was World War II Veteran That served in the U.S. Navy.

We pray for their family's that go thru these sad times. Rest in peace comrades.

In good times and in bad times, the blessed man in Jeremiah 17 thrives and reigns.

He is like a tree planted by the waters, with its roots spread out by the river.

In stormy weather, when competition is tough, when there is a financial drought he does not fear and his heart is not anxious. His hopes remain 'green, strong and fresh'. And he continues to be fruitful _ always succeeding and seeing a favorable outcome, whether in his career, family life, relationship, business, or finances. How can one enjoy the blessings of the blessed man?

Looking to our Heavenly Father is to enjoy the blessings of the blessed man. Meditate on HIS words, believe in HIS promises and HIS gift of unmerited favor.

Start each day to truly put your trust and hope in God, instead of in man or in your own strength.

Live with expectancy to thrive and be bountifully fruitful whether in good or bad times.

Be tuned to God's grace and allow HIM to lead you into the blessings HE has prepared for you!

With positive thoughts and loving prayers.

SAL COMMANDER | KEITH BELL



It has been a good month and Grape Day Fest was **a remarkable success.** We would like to thank everyone that helped in the H-O train and track project located in the Santa Fe US mail rail car in grape Day Park. We had over 800 visitors come to the train to see the H-O train running through the Oceanside to Escondido display.

The next event will be second annual **Fall Fest Pro Wrestling Saturday, October 29**^{th.} This event will also include a Halloween costume contest, full bar, and a

food truck. There is a limited number of tickets, which are available at socalprowrestling.com and eventbright.com. The ticket prices are kids 12 and under \$15.00 and \$20.00 at door age 13 and up \$25.00 and \$30.00 at door. The first Friday dinner of October 7th we will have roman burger and fries. Second Sunday of October 9th all you can eat breakfast.

BELOW: Commander Jen Holden, 2nd Vice Commander Stef Holden, and Jr Past Commander Mike Frank worked



hard along with
Brothers of 6 and the
Escondido History
Center to bring back
the Escondido Grape
Festival on September
10th. It was a huge
success. Also, a big
THANK YOU goes out to
Harold Olson and
Desirae Smidt for
manning our Legion
Booth at the event.





TOP: Post member and Mayor of Escondido, Paul McNamara, at his boot at the Grape Day Festival. BELOW: Mayor Mac speaking at the 9/11 Remembrance Ceremony and dinner at the Post after the Grape Day Festival.

BELOW: Members of American Legion Riders Chapter 149 joined with VFW Chapter 1513 attending the annual POW/MIA ceremony held aboard the USS Midway on Saturday, September 17th. The ride was let by Rafael Del Vecchio and Jim Botts.



AUXILIARY PRESIDENT | CATHY WATHEN



I want to thank everyone who had me in their thoughts while I have been recovering from shoulder replacement. It was a hard surgery but I am on the mend. Still can't lift and do a lot of what I love to do but I know I should be patient. I do believe that is not

one of my virtues.

We had a lot to discuss at our meeting on September 20th. The Auxiliary normally does a children's Christmas party but because most of the children have grown up, we decided to do something different. There are so many children in foster care between the ages of 14 and 18 that are forgotten we decided to make their Christmas special. If you would like to help and make a donation to these kids, please let the Auxiliary know.

Look for the Auxiliary flyer for the Christmas bake sale. We need donations of home make goodies to make it a success. The money will be used for our Children and Youth program.

Sunday, October 2nd our breakfast special will be Diced Ham and Scrambled Eggs. Of course, we will have all the other fixins to go along with that. Also on the menu is Sausage, eggs cooked to order, pancakes, biscuits and gravy and home fries. Enjoy a great homecooked breakfast and cup of coffee with friends.

Friday, October 21st our dinner will be Beef Stew, salad, and cornbread. Not sure what the dessert will be but we will try and make a special Halloween treat for everyone. Dinner is served from 6:00 to 7:30 or until we run out of food.

Thanks everyone for your continued support of the Auxiliary and the Legion Family.

Cathy Wathen, President | cathywathenweatt@gmail.com | 760-717-1425

AMERICAN LEGION AUXILIARY IRENE CLINGMAN | PR CHAIR



Food Challenge – On September 20, I delivered 130.38 pounds of food for military families at Camp Pendleton which were distributed through a drive-through event held by Helping Hand Worldwide. I was informed that there has been a substantial

increase with families needing food and approximately 400 families are now being assisted. Recently, I read an article from Army personnel that stated military members should apply for the government's food program (formerly known as food stamps or now EBT cards) because their military income doesn't go as far due to rising costs. Everyone has been impacted in one way or another with the current inflation factors. Food, rent, utilities, gas prices, and logistic issues are having an impact on businesses and families everywhere.

Because I have been actively working with the Helping Hand Organization, I was informed that my name has been added to a list of entities that can access the North County Food Bank; thereby funds donated by our Post may increase in value for our ability to obtain items at a much reduced cost. At our Tuesday night Auxiliary meeting, a monetary donation was approved for use to the North County Food Bank. I will be meeting Sita Helms, Helping Hand at the food bank on the $4^{\rm th}$ of October at 8:00 a.m., at which time they will also supply a refrigerated truck to transport everything to the distribution site in Oceanside.

This of course does not interrupt our ongoing Food Challenge with your donations to our Post. With the holidays soon approaching, it would be extra special if we could meet our goal of 1500 pounds for the year. To date our total is 780.53 pounds. Reminder no outdated food or glass containers. Thanks to everyone!

Pictured below are pictures of the distribution in Oceanside on September 20.



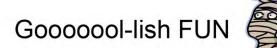


THE ONE FORTY NINER



Come Join the Ghosts and Goblins for a night of GOOOO-LISH fun, Saturday, OCTOBER 22, 2022

ALR Chapter 149 hosts a HALLOWEEN Party and Dance the FUN starts at 6 PM with dancing in the hall at 8 PM





with Appetizers served from 7 PM to 9 PM



Tickets Pre-Purchase at the bar: Single \$15 Couple \$20 Tickets at the door: Single \$20 Couple \$25

Wear your favorite costume!

Prizes for scariest, most original and best couple.

Be CREATIVE and make our judges guess who you are!



If you stay too late we will have a DESIGNATED DRIVER to take you home.



FIRST FRIDAY of the Month ROMAN Burger



Roman Burger + Fries

October 7th 5-8 PM

\$10 Fries \$3



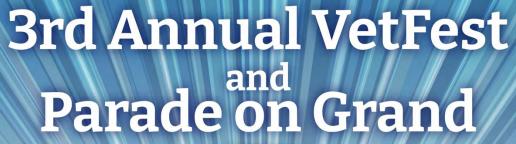
Post 149 is now the proud sponsor of Boy Scout Troop 669 and 1669. Here is Jr. Past Commander and Charter Rep. Mike Frank along with Scout Master Juan Hernandez and Committee Chairman Daniel Huhn.



HELP WANTED!

The VetFest committee is looking for Post 149 members to get involved with this years VetFest and Veterans Day parade. We are in need of Veterans to participate in the parade by riding in our float or helping man the parade route street barricades. Please contact Mike Frank at 760-315-1330 if interested. Also check out our website, EscoVetFest.org.







SAVE THE DATE NOVEMBER 11, 2022

- · Veterans Day Parade on Grand Kicks off at 9:30am
- · Grand Avenue Patriotic Storefront Display Contest
- · Military and VetFest Sponsor Displays at Maple Street Plaza
- · VetFest at American Legion Post 149 beginning at 12:00pm
 - Veterans Day Ceremony
 - Lunch
 - Sponsor and Military Displays
 - Veteran Services Organizations Booths

If you would like to participate, please register at the website below:

www.escovetfest.org

District 22 International Thanksgiving Buffet

THANKSGIUING DINNER

American Legion Post 149 230 E. Park Ave Escondido, Ca 92025



Family and friends are invited for a buffet style offering from diverse ethnic backgrounds.

Saturday, November 12, 2022 1:00 PM-4:00 pm \$ 15.00 Donation at the door.





Auxiliary Breakfast and CHRISTMAS Bake Sale!

Enjoy Breakfast and Baked Goodies too!Sunday, December 4th from 8-11AM

Smoked Pork Chops or Ham or Sausage
Eggs Cooked to Order
Pumpkin Pancakes with Pecan Carmel Sauce
or Buscuits and Gravy
Home Fried Potatoes
Hot Mulled Apple Cider
Fruit, Juice and Coffee



www.escondidolegion.org
Call 745-1159 and use auto menu for updates

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09/25	09/26	09/27	09/28	09/29	09/30	12-4 PM Top Hatters MC Event Anniversary Party (Patio) 1-4 PM NCVSD Care Kit assembly (Optimum RX)
8-11 AM AUXILIARY Breakfast Scrambled Eggs \$12 3 PM Pub Grub by Cheryl (Clubroom)	3	4-5:30 PM Teamsters Local 911 (Hall) 6-8 PM Post 1513 VFW Mtg. (Hall) 9 AM-1 PM Porcelain Club (Conf. Rm.)	5	6-8:30 PM BUNKO (Patio) PIZZA and FOOTBALL (Club Room)	5-8 PM SAL Dinner Roman Burgers (Patio) \$10 8-11 PM KARAOKE (Club Rm.)	8 8:30 AM-1:30 PM Blue Star Moms (Hall) 10 AM-12 PM 173 Airborne Assn. (Conf. Rm.) 1-3 PM Oratorical Contest (Hall) 2-3 PM Guide Dog Training (Patio)
8-11 AM Sons Breakfast Buffet \$12 9 AM-12 PM District 22 Mtg. (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	10	5:30-6 PM Finance Mtg. (Conf. Rm.) 6-7:30 PM Post E-Board Mtg. (Conf. Rm.) 6-7:30 PM DAV Chapter 70 Mtg. (Hall)	6-7:30 PM SAL Meeting (Hall)	5-8 PM Kiwanis of Escondido (Conf. Rm.) 5:30-8:30 PM North County CREIA (Hall) 6-8:30 PM BUNKO (Club Room) Pizza/Football	14	8 AM-12:30 PM Sea Cadets (Hall)
8-11 AM POST Breakfast Eggs to order \$12 3 PM Pub Grub by Cheryl (Clubroom)	17 11 AM-2 PM TERC (Hall)	6-7:30 PM Post General Mtg. (Hall) 6-7:30 PM Auxiliary Mtg. (Conf. Rm.) 9 AM-1 PM Porcelain Club (Conf. Rm.)	6:30-8 PM VFW Auxiliary Mtg. (Conf. Rm.) 6-8 PM Vietnam Vets of America (Hall)	6-8:30 PM BUNKO (Hall) PIZZA and FOOTBALL (Club Room)	6-7:30 PM Auxiliary Dinner Event (Beef Stew + Combread) (Hall) \$12 8-11 PM KARAOKE (Club Rm.)	6-10 PM HALLOWEEN Party OKTOBERFEST
23/30 23rd- NO BREAKFAST 30th- 8-11 AM RIDERS Breakfast (Hall) 3 PM Pub Grub by Cheryl (Clubroom) Both 23rd and 30th	24/31 24th-6-7 PM House Committee Mtg. (Patio) 31st- VACANT HALLOWEEN	9 AM-1 PM Porcelain Club (Conf. Rm.)	5:30 PM Dinner on the Patio (Pizza) 6:30-8 PM AL Riders Mtg. (Patio)	6-8:30 PM BUNKO (Hall) PIZZA and FOOTBALL (Club Room)	5:30-7:30 PM KIWANIS Dinner \$12 (Baked Chicken) (Hall) 4-10 PM College Night (Patio)	2-10 PM Pro Wrestling Event (Patio)

The One Forty Niner

J. B. Clark Post 149 230 E. Park Avenue Escondido, CA 92025-1811

RETURN SERVICE REQUESTED

Non-Profit Organization U.S. Postage PAID Escondido, CA Permit # 92

MARKET MALL

The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

American LEGION Post 149



316 West Mission Ave. #101 Escondido, CA. 92025 (760) 489-6420

1st & 2nd Mortgages VA, FHA, & Commercial Reverse Mortgages Conventional & Jumbo Home Improvements Debt Consolidation

Thomas Richard Smith III

"Tom Smith" - Mortgage Broker

(NMLS # 275106 - DRE # 01159031)

(858) 571-0711 TomSmith@tsmith1.net

C2 Financial Corp. (NMLS #135622 - DRE #01821025) 10509 Vista Sorrento Pkwy #200, San Diego, CA 92121

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo. (minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo. (minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT AT ADJUTANT149@GMAIL.COM FOR MORE INFORMATION OR TO PLACE AN AD.



MOBILE: (440) 669-2414 | EMAIL: carmenbell53@gmail.com