

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California



## COMMANDER | JEN HOLDEN



Greetings my fellow Legionnaires! My article is going to be short this month. A big thank you to Kevin Wood, Joyce Wood, and Dawna Bridges for helping around the Post in preparing for the “hurricane”. I know that the storm was kind of a dud. We spent time patching cracks on the roof and replacing weather stripping. I would rather have been prepared for a hurricane rather than having to clean up after one that we didn’t get ready for. That being said, we need help preparing the Post for the upcoming California American Legion College. More to follow via email to our members.

## FIRST VICE | PAUL MCNAMARA



Fellow Legionnaires, This month I’ve been out of pocket finishing up my last responsibilities at the MCRD Museum Foundation, and taking a long overdue family vacation. So, I don’t have a lot to report. I will give you a vacation tip, however, if life takes you to Cody, Wyoming, go to the Buffalo Bill Museum which is five museums in one and go to the Firearms museum. Unbelievable, and something the whole family can enjoy even if they are not firearms enthusiasts. Fall is coming and the heat will end soon. We have a lot of events coming up that will seek your support. Please keep yourself informed and help out where you can. See you at the Post.

## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



As I enter into what is always my busiest time of year where I’m helping to plan and organize two city-wide events, I wanted to take a moment to thank my dedicated staff as they continue to make my job serving as your clubroom manager ever so easy. Ladies, I cannot begin to tell you how much you are appreciated as I do not say it often enough.

The before mentioned events are the Escondido Grape Day Festival / 5K run taking place in Grape Day Park on Saturday, September 9th. 5K registration is at 6am and the race begins at 8am and will run from Grape Day through Historic Old Escondido and finish back at Grape Day Park. The festival will take place from 10am-4pm. Come by and say hello to your fellow legionnaires as they will be manning a booth during the festivities! The Fourth Annual Escondido Veterans Day Parade (VetFest) will take place up and down Grand Ave. on Saturday, November 11th. I will include more details in next months newsletter but rest assured the parade is already shaping up to be bigger and better than last year. See you all at the club 149!

## KEY DATES

See calendar page and flyers for more information.

SEP 4

Labor Day

SEP 10

SAL Breakfast

SEP 17

Post Breakfast

SEP 19

House Committee Meeting  
Post Meeting

SEP 23-24

Area 5 Meeting

Check Calendar for  
FRIDAY Dinner and  
SUNDAY Breakfast  
Schedules

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 8-10 PM

*The One Forty Niner*

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J.B. Clark Post 149

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## POST 149 ADJUTANT | BILL STINTSMAN



After all these years, it still amazes me just how fast this rock we live on flings itself around the star at the center of our solar system. With that in mind, we are quickly transitioning into the fall months, and it's time to start planning for those holiday events. Regardless of how you spend your holidays, there are only so many weekends on the calendar to squeeze in an event. Here are a couple of things to remember when it comes to scheduling events at the Post: Proper prior planning prevents piss poor performance and piss poor planning on your part does not constitute an emergency on my part. Let's not wait until the last minute to figure out which hour and day you want to squeeze your event into. The sooner you schedule, the better chance you'll have of preventing a poor performance, and you'll probably enjoy your event.

## CHAPLAIN | CHUCK FAUPEL



Report (1) sickbay: Harold Olson: Post member. He had for years a health issue. Finally tracking it down. He had his Cat scan. He will have his surgery on 26th September. Harold is home now returning to normal activities until surgery. Keep him and his family in our prayers.

Observed the first Monday in September, Labor Day is an annual celebration of the social and economic achievements of American workers. The holiday is rooted in the late nineteenth century, when labor activists pushed for a federal holiday to recognize the many contributions workers have made to America's strength, prosperity, and well-being.

*Pride goes before destruction and haughtiness before a fall.*

—Proverbs 16:18 (TLB)

David, King of ancient Israel, found himself in the midst of a confused national situation. His kingdom was torn by internal strife. Slave hated master; master hated slave. People blamed the government, and government blamed the people. David looked about him and saw that every man thought himself perfect. Each individual placed blame upon other individuals. David knew that if sinful pride continued to increase, his nation would collapse spiritually. He knew that economic depression, moral disintegration, or military defeat inevitably follow spiritual decline. So David turned to God, and it was revealed to him by the Spirit of God that the spiritual tide of his nation could rise no higher than the spiritual level of his own heart. So he fell on his knees in utter humility and prayed, "Search me, O God, and know my heart; try me, and know my thoughts: and see if there be any wicked way in me, and lead me in the way everlasting" (Psalm 139:23,24).

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

## SEPTEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	<b>1</b> 7 - 11PM (Club Room) KARAOKE	<b>2</b> 2 - 6PM (Hall) Chief's Auction
<b>3</b> 3PM (Clubroom) Pub Grub by Cheryl	<b>4</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>5</b> 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 8PM (Hall) Post 1513 VFW Meeting	<b>6</b>	<b>7</b> 6 - 8:30PM (Hall) BUNCO	<b>8</b> 7 - 11PM (Club Room) KARAOKE	<b>9</b> 12:30 - 2:30PM (Hall) Blue Star Moms 10AM-12 PM (Conf Room) 173 Airborne Assn. 2-2:30PM (Patio) Guide Dog Training
<b>10</b> 8 - 11AM (Patio) SAL Breakfast \$14 3PM (Clubroom) Pub Grub by Cheryl	<b>11</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>12</b> 9 AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg.	<b>13</b> 6 - 7:30PM (Hall) SAL Meeting	<b>14</b> 5 - 8 M (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Hall) BUNCO	<b>15</b> 5:30 - 7PM (Hall) Kiwanis Chicken Dinner \$12 7 - 11PM (Club Room) KARAOKE	<b>16</b> 8 - 12:30PM (Hall) Sea Cadets 1 - 5 PM (Hall) Private Party 7 - 11PM (Hall) Private Party
<b>17</b> 9 - 11AM (Hall) Post Breakfast \$13 3 - 7 PM (Hall) Polish American Club 3PM (Clubroom) Pub Grub by Cheryl	<b>18</b> 11AM - 2PM (Hall) TERC 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>19</b> 9AM - 1PM (Conf Room) Porcelain Club 5 - 5:30PM (Conf Room) House Comm. Mtg 6 - 7:30PM (Hall) Post 149 General Mtg.	<b>20</b> 6 - 8PM (Hall) Vietnam Vets of America	<b>21</b> 6 - 8:30PM (Hall) BUNCO	<b>22</b> 5:30 - 7PM (Hall) Kiwanis Meatloaf Dinner \$12 7 - 11PM (Club Room) KARAOKE	<b>23</b> 9AM - 3PM (Hall) Area 5 Meeting 11AM - 3PM (Conf Room) SCRABBLE Club
<b>24</b> 9AM - 3PM (Hall) Area 5 Meeting 3PM (Clubroom) Pub Grub by Cheryl	<b>25</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>26</b> 9AM - 1PM (Conf Room) Porcelain Club	<b>27</b> 5:30 - 6:30PM (Patio) ALR Dinner 6:30 - 8PM (Patio) ALR 149 Mtg.	<b>28</b> 6 - 8:30PM (Hall) BUNCO	<b>29</b> 7 - 11PM (Club Room) KARAOKE	<b>30</b> 1 - 5PM (Hall) Private Party

### Holidays & Observances

**04** Labor Day      **23** Autumnal Equinox  
**16** Rosh Hashanah

# The One Forty Niner

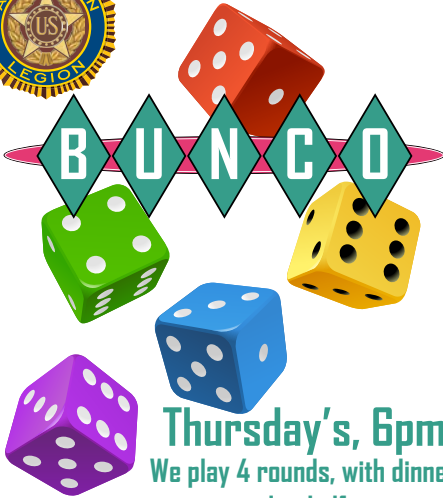
ISSUE 2303  
J.B. Clark Post 149  
230 E. Park Avenue  
Escondido, CA 92025

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RETURN SERVICE REQUESTED



J.B. CLARK/POST 149



**Thursday's, 6pm**  
We play 4 rounds, with dinner  
served at half-time.

*Let The Good Times Roll!*

J.B. CLARK/POST 149

**Karaoke NIGHT**

FRIDAYS  
8PM - 10PM

KJ Alex 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Friday  
KJ Christine 2<sup>nd</sup>/4<sup>th</sup> Friday

**We Want To Hear You SING!**

## MARKET MALL

### The Golden Egg Omelet House

10% of Food & Beverage order contributed to

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420

### BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT AT  
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AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.