

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK — SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California



COMMANDER | JEN HOLDEN



My comrades,

I hope this newsletter finds you well and in good spirits. As we navigate through these challenging times, I want to extend my heartfelt gratitude to each of you for your unwavering dedication and support to our beloved American Legion Post here in Escondido.

First and foremost, I want to address the concerns that have been circulating regarding our financial situation. I understand the anxiety that such uncertainty can bring, but I am pleased to inform you that we are on a steady path to solvency. Through the collective efforts of our leadership team and the invaluable contributions from our members, we have implemented several strategic measures that are already showing positive results.

Our cost-cutting measures, coupled with a thorough review of our operational expenses, have allowed us to streamline our budget without compromising the quality of services and support we provide to our veterans and their families. We are committed to maintaining the high standards that our Post is known for, ensuring that every member receives the respect and assistance they deserve.

I want to reassure you that the possibility of closing our doors is not on the horizon. Our Post has stood as a pillar of support and community for countless veterans, and it will continue to do so for many years to come. Your involvement and commitment are crucial in this journey, and together, we will emerge stronger and more resilient.

In the coming months, we are planning several initiatives aimed at further boosting our financial health and member engagement. These things include expanded outreach programs, special events, and collaborative projects with local organizations. I encourage each of you to participate and bring your unique skills and ideas to the table. Our strength lies in our unity, and every contribution, big or small, makes a difference.

Thank you once again for your unwavering support and dedication. Let us continue to work together, uphold our values, and keep the spirit of the American Legion alive and thriving. For God and Country!

FIRST VICE | PAUL MCNAMARA



Well, the election season is starting to go into full swing. November is right around the corner. If you have ever run for office as I have the time goes by like the blink of the eye.

As you might imagine, running for office makes one a little more sensitive to the importance of voting so I would like to share a few thoughts.

First, thanks to you and your service to our country, the peaceful exchange of power still exists in our country even if it is contentious at times. We almost take it for granted but when you think about it, there are still plenty of countries where power is exchanged peacefully.

Second, your vote does matter. I have heard just like you that in a pool of millions of votes my one little vote doesn't make a difference. I would disagree and here's why. In order to vote one has to inform themselves about the issues and by doing so you join a community conversation about the direction of your community, state and country. Your voice matters!! It can influence others.

Third, join a party. I don't care what side of the aisle you are on, you can't influence the party's candidate choices from being on the outside. And spoil alert, there will be times when you disagree with the party direction or choices.

Fourth, while it may be fun to speculate who wins the Presidential election, it's the local electeds who influence your life in a bigger way than you may expect. Get involved and find out who is running, do they share my values, and do they have the experience to be successful.

Finally, the Fourth is just around the corner. Happy Fourth of July. Thanks to you we are able to celebrate this day every year. Thank you! See you at the Post.

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



I would like to start off by reporting that the 4th annual "619" benefit dinner was a resounding success! Thank you to each and everyone of you that made this great cause such an amazing event!

As we move into July, the 4th is approaching us fast. The club would like to put on a barbeque but are critically short of volunteers. If you would like to help in making a barbeque possible, please do not hesitate to contact myself or one of the 149 bartenders. Thank you in advance for your participation.

Sales have been continuing to increase but we need your continued support in order to ensure we can keep the doors open for many years to come. Please continue to frequent your post! See you all soon and, please, stay cool in these coming hot summer days.

POST 149 ADJUTANT | CODY YORK



As Bill Stintsman mentioned in his last post, the question of who will be our next Adjutant has been on everyone's mind. I'm excited to announce that I, Cody York, will be stepping into this role. I look forward to serving you and the post, and I have several plans in motion to bring more events and activities to our post.

One event I'm excited to reintroduce is the post dinners. These dinners will be held on the 3rd Saturday of each month, unless a rental takes priority. Mark your calendars for the next dinner on June 29, 2024. It's a fantastic opportunity to enjoy a great meal and connect with fellow post members and guests.

Additionally, we have breakfast every Sunday. I encourage everyone to come out, enjoy the food, and support our post. I look forward to serving growing alongside each of you and making our post even better as your new Adjutant.

CHAPLAIN | CHUCK FAUPEL



I have (2) sickbay to report:

Brian Turpin: Legionnaire and American Legion Rider was admitted in the hospital for a knee replacement on Wednesday June 19th. Karen kept me informed how was doing while in surgery. Surgery went very well. That was his second knee surgery. Had his right knee a few years back. Home for a healthy recovery. Visited him at his home on Friday. Doing great. Prayers for him and his family.

Cathy Wathan: Past Auxiliary President and American Legion rider. Has been in and out of the hospital due to breathing issues. She is at home and now and using an oxygen machine. Will keep updating as progress continues. She is a very strong Lady; she is a fighter. Prayers for her and her family. Continue to march. Note: We have Legionnaires and family that would like to see more come out and support your post. Its not mine, its ours. We are family. Let's keep growing.

Stand steady, and don't be afraid of suffering for the Lord. Bring others to our Father. . . .

—2 Timothy 4:5 (TLB)

All the masterpieces of art contain both light and shadow. A happy life is one filled not only with sunshine, but one which uses both light and shadow to produce beauty. The greatest musicians, as a rule, are those who know how to bring song out of sadness. Fanny Crosby, her spirit aglow with faith in our Father, saw more with her sightless eyes than most of us do with normal vision. She has given us some of the great gospel songs which cheer our hearts and lives. In a rat-infested jail in Philippi, Paul and Silas sang their song of praise at midnight to the accompaniment of the jailer's whip. But their patience in suffering and persecution led to the heathen warden's conviction.

KEY DATES

See calendar page and flyers for more information.

JULY 4

Independence Day

JULY 6

Bike Night

JULY 10 & 31

Blood Drive

JULY 20

Post Dinner

JULY 16

Post Meeting

Check Calendar for
FRIDAY Dinner and
SUNDAY Breakfast
Schedules

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

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Enjoy a great meal and connect with fellow post members and guests!

**Join ESCONDIDO AMERICAN LEGION
POST 149 for Dinner and Drinks**

on the 3rd Saturday of each month at 5:30PM

Give Blood.



**American
Red Cross**

American Red Cross Blood Drive
American Legion Post 149

Wednesday, July 10, 2024 7:00 a.m. to 3:00 p.m.

Wednesday, July 31, 2024 7:00 a.m. to 3:00 p.m.

Please visit RedCrossBlood.org and enter **post149** to schedule an appointment

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 6 - 7:30PM (Conf Room) Gamblers Anonymous	2 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg.	3 8AM - 4PM (Hall) Navy Recruiter Training	4 Independence Day 6 - 8:30PM (Clubroom) BUNCO	5 7 - 11PM (Club Room) KARAOKE	6 5 - 10PM (Patio) Bike Night
7 8 - 11AM (Patio) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League	8 6 - 7:30PM (Conf Room) Gamblers Anonymous	9 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	10 7AM - 3PM (Hall) Red Cross Blood Drive 6 - 7:30PM (Hall) SAL Meeting	11 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNCO	12 7 - 11PM (Club Room) KARAOKE	13 8AM - 1:30PM (Hall) Blue Star Moms 10AM-Noon (Conf Room) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
14 8:30 - 11AM (Patio) SAL Breakfast - \$14	15 6 - 7:30PM (Conf Room) Gamblers Anonymous	16 9AM - 1PM (Conf Room) Porcelain Club 6 - 7:30PM (Hall) Post 149 General Mtg	17 4-6PM (Hall) Vietnam Vets of America	18 6 - 8:30PM (Hall) BUNCO	19 7 - 11PM (Club Room) KARAOKE	20 5:30 - 7:30PM (Patio) Post Dinnerr
21 8 - 11AM (Hall) Post Breakfast - \$13	22 6 - 7:30PM (Conf Room) Gamblers Anonymous	23 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 8PM (Hall) North County Conservatives	24 5:30 - 6:30PM (Patio) ALR Dinner 6:30 - 8PM (Patio) ALR 149 Mtg.	25 6 - 8:30PM (Hall) BUNCO	26 7 - 11PM (Club Room) KARAOKE	27 11AM - 3PM (Conf Room) SCRABBLE Club
28 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	29 6 - 7:30PM (Conf Room) Gamblers Anonymous	30 9AM - 1PM (Conf Room) Porcelain Club	31 7AM - 3PM (Hall) Red Cross Blood Drive	1	2	3

Holidays & Observances

04 Independence Day



J.B. CLARK/POST 149



Karaoke
NIGHT

FRIDAYS

8PM - 11PM

KJ Alex 1st/3rd/5th Friday
KJ Christine 2nd/4th Friday

We Want To Hear You
SING!



J.B. CLARK/POST 149



Thursday's, 6pm

We play 4 rounds, with dinner
served at half-time.

Let The Good Times Roll!

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

American LEGION Post 149



316 West Mission Ave. #101
Escondido, CA 92025
(760) 489-6420

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM
FOR MORE INFORMATION OR TO PLACE AN AD.

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AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.